



Healthcare Digitization of Bhutan

App Vendor Informative Session

7th November 2023 Thimphu, Bhutan

Agenda



Today's agenda is to provide information on Bhutan DX project requirement for App Development

- □ Introduction and Overview
- ☐ To be Journey

Agenda



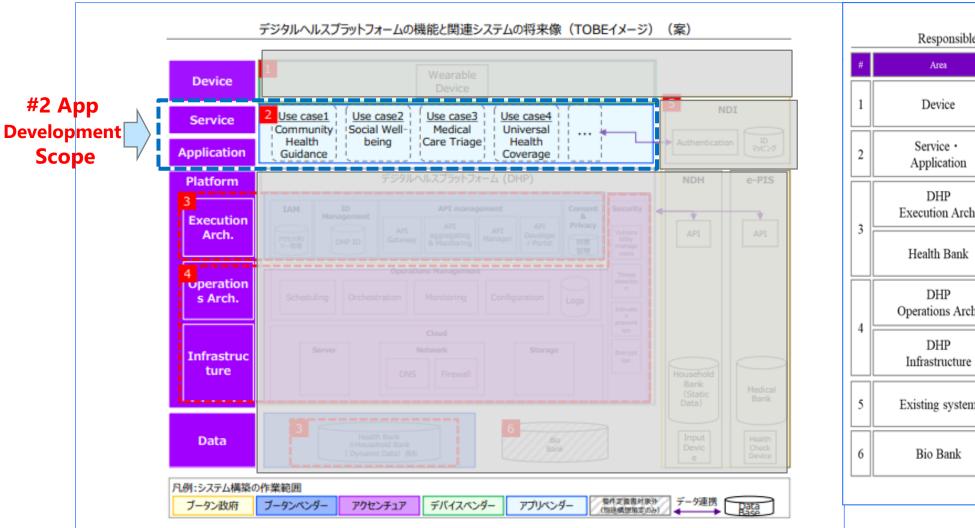
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Introduction



Below image shows various topics under scope for Bhutan Digitization project. Point no. 2, Application Service PoC will be highlight for today the App Development



	Responsible for sy	ystem development in the 2nd phase
#	Area	In charge of system construction
1	Device	Device vendor
2	Service • Application	Application vendor
3	DHP Execution Arch.	Bhutanese vendor (API/DB
3	Health Bank	development)
4	DHP Operations Arch.	Accenture (Infrastructure/Security
4	DHP Infrastructure	development)
5	Existing system	Government of Bhutan
6	Bio Bank	* In the 2nd phase, we will formulate concepts and implement POC, and do not build systems.

Introduction



Objective is to discuss the requirement overview for Local Bhutan IT vendors and understand the interest and expertise in Application development



Bhutan is working towards digitization of healthcare system. This includes integration
and centralization of health data. The health service app is required to be developed
to integrate patient health data from health devices so that the government can
perform disease specific analysis and policies



What are the requirements

• We are looking for IT vendors in Bhutan who have app development experience in addition to experience of working with Royal Government of Bhutan



How will it be done

A TOR and specification document would be shared next year, and a business contest
will be conducted in July 2024 which would be open to both international and
Bhutan Local vendors. The use-cases identified for Bhutan would be required as a
presentation in the contest

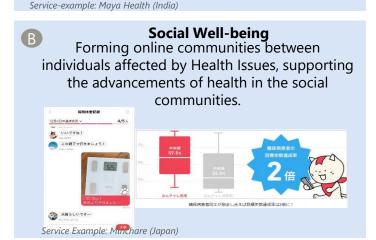
Introduction

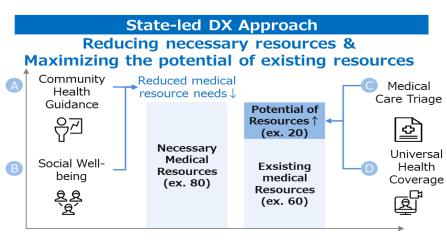


App vendors would be required to showcase expertise in one or all 4 (but not limited to) the below identified use-cases for Bhutan

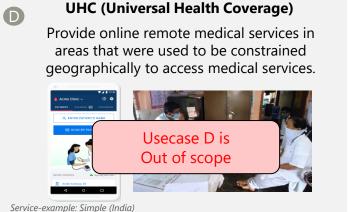
Below are four specific use cases for "Nation-led Healthcare DX Approach" in Bhutan.











Navigators

Agenda



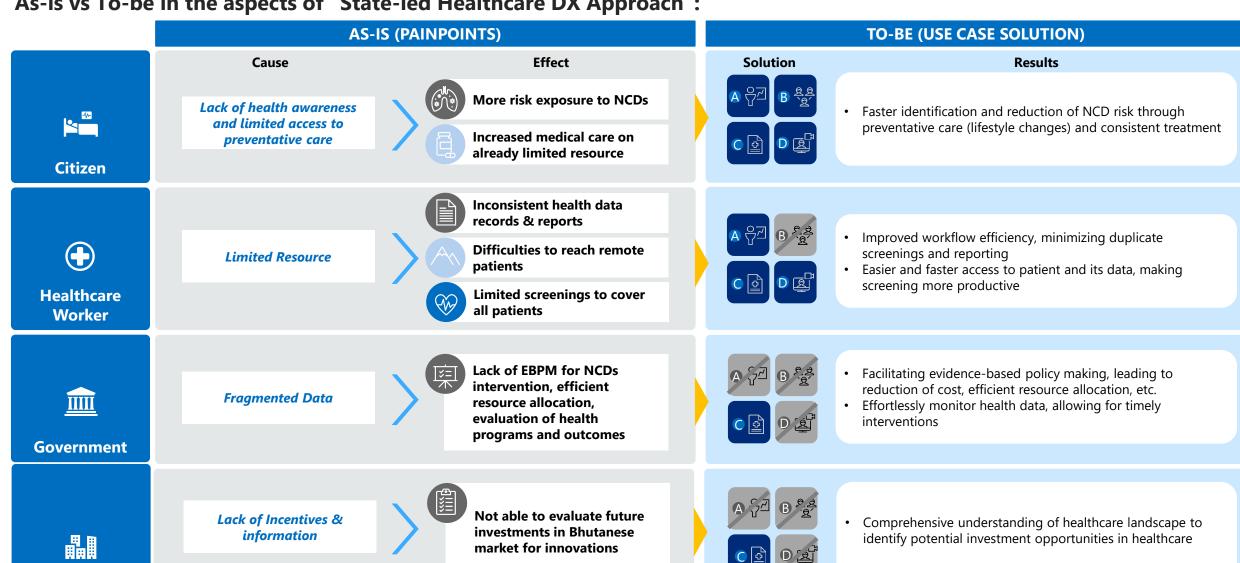
Today's agenda is to provide information on Bhutan DX project requirement for App Development

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- ☐ To be Journey

As-is Vs To-be:



As-is vs To-be in the aspects of "State-led Healthcare DX Approach":



Private Sector

To-be Journey (1/3)



"State-led Healthcare DX Approach" can enhance health awareness on personal and community level, prioritize the accessibility of medical care, and evaluate the individual health situation on personal and holistic view.

Input for risk group

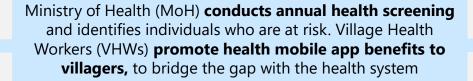


Household Bank

Use data to identify targeted users who v be prioritized for health apps through (1) Identification of Risk Groups (2) Initial Screenings from MoH

- Health Bank: Vitals to find risks
- Household Bank: Family history, distance to medical facilities, Housing as targeted priority (its updated in the National annual survey done by

Community Health Guidance (First Touchpoint)



Tshering who lives in a rural village in, Thimphu, was diagnosed with a risk for CVD during NCD screening by MoH. He learned about the health app from his Village Health Worker and wants help registering. As his village is far from the nearest Sub-Post, he wants to save time by connecting to health facilities online

<u>C</u> 🖆



Community Health Guidance (APP Registration)

With guidance of VHWs, citizens register the app using their National Digital ID. Citizens fill in the basic health in the app integrated to Health Bank. The app also acts as a digital health book. For citizens without smartphones, VHWs can also register on behalf of the citizens and puts bar code(same as ePIS) or QR code on the back of their manual health book. This is to improve health awareness, aiming to reduce medical needs and minimize data loss.

With the help of the VHW, Tshering registers himself using the National Digital ID. He fills in the basic information and leaves out information that he does not know, which can be monitored later when he visits the monthly ORC





3

Legend:

Community

Health

Guidance

B Social Well-

Medical Care

Triage

D UHC

being

During monthly outreach services, data could be shown of update of health app to monitor the risk group. Health Staff follow protocol, do screenings, to improve gaps and triage, eliminating of unnecessary medical care. This can save time and support capacity of existing medical resources

During monthly outreach services citizens can use health app as their health book. Health Assistants, on top of the MoH's annual health screening, follow up by WHO Pen protocols, do NCD screenings and assess vital signs.

They diagnose citizens and record their health data in the app, saving time and resources for future visits

Input for Initial Screening



Medical Bank (ePIS) Household Bank







Collecting data from citizens via registration of mobile app
• Health Bank: Basic Health Info

Output for

Registration

Health

Bank

Viewing & Managing patients' health data for initial screening purposes

- Health Bank: Patient's Vitals, Lifestyle, etc.
- Medical Bank: Clinical Records, Medical Results, Treatment History, etc.
- Household Bank: Family history, distance to medical facilities

To-be Journey (2/3)







activity for health goals

Input Update the health condition



Health Bank: Collecting daily data from Wearables such as heart rate, sleep, step count, physical activity

The government lends wearable IoT devices to patients at risk, which track daily vital signs like heart rate, activity levels, and sleep patterns. The device data is stored in the mobile app, allowing patients to monitor their health status

Medical Care Triage (Wearable IoT Health Device)

After being diagnosed, Tshering was given a health wearable device to monitor his vitals. The device connects to his mobile phone via Bluetooth and tracks daily metrics like heart rate, step count, and sleep count. The data is stored in the app, allowing Tshering to make lifestyle changes to reduce his risk of CVD

Social Well-being (Support from Online Communities)



B Social Wellbeing

Legend:

- C Medical Care Triage
- D UHC

The health app allows citizens to join online social communities to support each other in making healthy lifestyle changes. Members can share progress and encouragement, potentially reducing the workload for health staff in spreading awareness and improve their health themselves to reduce medical needs

Tshering joined an online health community within the mobile app, connecting with other villagers with similar health concerns. He utilized his health wearable device to track his progress and share it with the community for motivation and encouragement towards healthier lifestyle habits



Medical Care Triage & UHC (Convenience of Hospital Visits) C 📴 D 🚉

Patients who have seen no health improvements can be referred to hospitals. It can be **either Telemedicine or Hospital visits.** Patients with high risk and complex medical needs can visit the hospital for more attentive care, while those with mild risk can receive medication from their local PHC by obtaining a prescription via **Telemedicine**. This efficient data management can **reduce the time and resources needed for health screenings & medical triage** for secondary care

Tshering's high blood pressure persisted, so he decided to visit a secondary care. The doctor access his medical records easily since it was integrated, making the health check process more convenient. This also saves time and resources for additional screenings. With the consistent health records, the doctor made an accurate diagnosis.

Output for Health Data Retrieving

Health Bank

Medical Bank (ePIS)

Viewing, Managing, and Retrieving data for convenient patient care

- Health Bank: Vitals, Lifestyle, Nutrition, etc.
- Medical Bank: Clinical Records, Medication, etc.

To-be Journey (3/3)





Medical Care Triage (DNA to BioBank)

C ₽

For difficult or genetic-related cases, doctors register in the Bio Bank to analyze and recognize new treatment plans to patients. Through a very personalized patient care, doctors can find specific genetic determinations with patients' drug response to find the best medication possible

The doctor sent Tshering's DNA samples to BioBank to analyze his genetic associations with drug response, which would allow for a more personalized and effective treatment plan. This decision was made after current blood pressure medications and lifestyle modifications failed to improve Tshering's condition

Output for New Treatment Plans

Medical Health Bank Bank (ePIS)

Health Bank: Overall vitals

Bio Bank: Specific DNA and response to drugs

Household Bank: Current living conditions

Bio Bank e≡

Household Bank

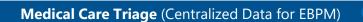
The use case on UHC is out of scope the app development Scope



Community Health Guidance

B Social Wellbeing

Triage



With centralized data to the national data hub. government can analyze public health trends and allocate appropriate budgets for various diseases, enabling EBPM. Data such as BioBanks along with other health data plays a crucial role in development of targeted medicines. This also create new policies to improve healthcare delivery and **drive innovation** in digital health products and services

Government can use the data (including Tshering's de-identified data) to create evidence-based policies on hypertension. For instance: rational consumption model for income-based options of treatment options, development of targeted medicine and evaluating its effectiveness, determining the impact of selfmonitoring and lifestyle modifications, identifying root causes of hypertension within each communities, and generating heat maps for targeted interventions

Understanding overall situation for holistic treatment Medical Bank: Current treatments & medications & family history

UHC (Telemedicine Follow-ups)



Telemedicine allows patients and doctors to have remote consultations within the app, saving time and money to travel. Health workers can also of exposure streamline workflow and attend to more patients by reducing in-person visits to increase capacity of existing resources

Tshering in a rural village uses a mobile app for telemedicine services to receive updated medication and follow up with the hospital, saving him the inconvenience of travel. The doctor monitors Tshering's progress through the app, ensuring appropriate care despite the distance



Output for Health Data Retrieving

Health Bank ****** Medical Bank (ePIS)

Viewing, Managing, and Retrieving data for remote patient care

- Health Bank: Vitals, Lifestyle, Nutrition, etc.
- Medical Bank: Clinical Records, Medication, etc.



Medical Care

D UHC

Output for Overall Data Analysis

Medical Bank (ePIS)

Health Bank

Bio Bank €≣

Important for

Government data visualizations

and analysis

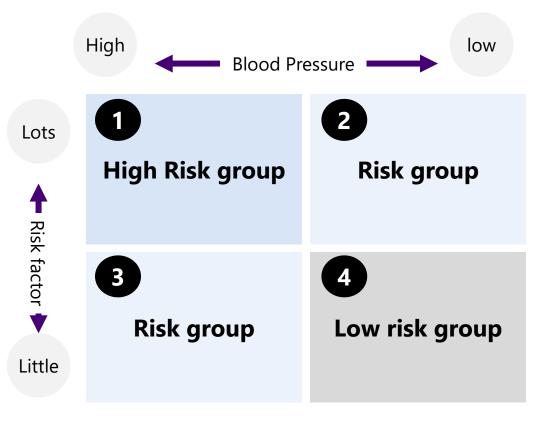
Household Bank

Analyzing overall data from the National Data Hub to create EBPM and drive digital health innovations

Digital Health Use Cases



The Digital Health will provide and monitor services to the vast range of groups. However, for the use-case, there are priority "High Risk Groups" within Hypertension and identifying them is important. As well as, we will have



**Risk Factors includes: overweigh, bad diet, lack of exercise, alcohol, stress, drugs, chronic conditions, over 40 years old, genetic

High Risk Groups

There are prioritized "High Risk group" of hypertension. However, we will monitor vast range of groups

Blood
pressure

 Blood pressure Mid o High is Hypertension and those are high risk

Risk Factors

 Has more than 2 risk factors such as, over 40 years old, overweigh, bad diet, lack of exercise, alcohol, stress, drugs, chronic conditions, genetic

Priority Use-case environment

We would like to prioritized following three aspects for usecase group

Location

• Lives relatively far from hospitals. More than 10 km away from hospitals (Urban and Rural areas)

Frequency

High frequent visitation group to the hospitals

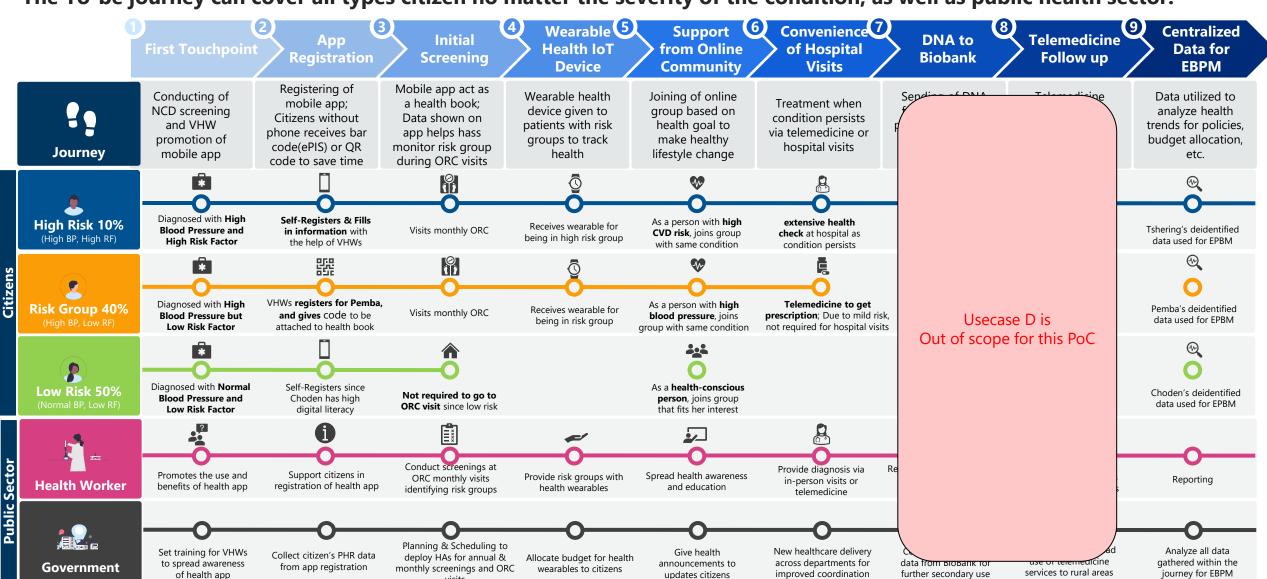
Tech Saviness

Use mobile day-to-day but only at basic level

Stakeholder's To-be Journey



The To-be journey can cover all types citizen no matter the severity of the condition, as well as public health sector:



Data To Be Used



Below mentioned data source is the health app which will be used by both citizens and healthcare providers.

Data Collected From		Indicators	Use Case	Impacted Stakeholder	Data Source	Latest Result
	Time needed to screen a	patient	A ,C	Healthcare	Health App, ePIS	N/A
Data from Healthcare Facility	No. of patients screened (%)	treatments received for Telemedicine consultation	C, D	Healthcare	Health App	N/A
	Telemedicine access rates	for residents in remote areas	D	Citizen, Healthcare	Health App	N/A
	Data utilization for health	workers: Report Generating	С	Healthcare	Health App	N/A
	Primary Data: Hypertension	on >= 140 / 90 mmHg (%)	A, C	Citizens, Healthcare, Government	Health App, ePIS	35.9%
	Primary Data: Hypertension	on Under Control (Medication)	A, C	Citizens, Healthcare, Government	Health App, ePIS	3.3%
	Secondary Data: Blood Su	gar Fasting >= 126mg/dl (%)	A, C	Citizens, Healthcare, Government	Health App, ePIS	2%
	Secondary Data: Blood Sugar Control Rate (HbA1c)		A, C	Citizens, Healthcare, Government	Health App, ePIS	N/A
	Secondary Data: Cholesterol = 5 mmol/L or >= 190 mg/dl (%)		A, C	Citizens, Healthcare, Government	Health App, ePIS	11%
	Secondary Data: CVD Risk >= 30% (%)		A, C	Citizens, Healthcare, Government	Health App, ePIS	3.7%
	Secondary Data: Overweight and Above BMI >=25		A, C	Citizens, Healthcare, Government	Health App, ePIS	33.5%, 11.4%
	Secondary Data: Tobacco Consumption (lifetime) (%)		A, B, C	Citizens, Healthcare, Government	Health App, ePIS	23.9%
Citizens	Secondary Data: Alcohol Consumption (past 30 days) (%)		A, B, C	Citizens, Healthcare, Government	Health App, ePIS	34.5%
	Secondary Data: Salt Intake (average, grams)		А, В, С	Citizens, Healthcare, Government	Health App, ePIS	8.3
	Secondary Data: Vegetable Intake < 5 servings (%)		А, В, С	Citizens, Healthcare, Government	Health App, ePIS	85.9%
	Secondary Data: Betel Use	2 (%)	A, B, C	Citizens, Healthcare, Government	Health App, ePIS	51.8%
	Secondary Data: Physical	nactivity (<150 minutes activity / week) (%)	A, B, C	Citizens, Healthcare, Government	Health App, ePIS	7.3%
	Data Utilization for Citizer	ns: No. of Registrations for the Health App	A, B, C, D	Citizen, Government	Health App	N/A
	Data Utilization for Citizer	ns: No. of Daily Active Users for the Health App	A, B, C, D	Citizen, Government	Health App	N/A
	Data Utilization for Citizens: Activity rate of online community based on healthcare		В	Citizens, Government	Health App	N/A
Data Categ	jory		Data Points			Data Source
App Informa		-	App Registration Number			Арр
App Informa			eded to screen a patient (based o dicine access rates for residents in	1,		<u>Арр</u> Арр

IDENTIFICATION OF NECESSARY DATA



What data shall be collected within the To-Be Journey:

Medical Bank



EMR / EHR

Medical Records, Diagnosis (Current Disease), Medication / Prescription, Allergy, Vaccination, Lab Tests, Family History

Biobank



DNA / Saliva / Tissue Samples / Cell

Health Bank

Name / National ID / Sex / Age / Weight (BMI) / Vital Signs (Blood Pressure, Heart Rate, Cholesterol, Blood Sugar) / Lifestyle Assessments (Nutrition, Physical, Risk) / Sleep Count / Step Count

Household Bank

Address (Permanent & Residential) / Education Level, Housing Conditions, Family Number, Distance to Medical Facilities, Household Income / Occupation History

To Which Extent Who Can Access Data?

Health Facilities:

Medical Bank: Can access and manage all records only if there is existing treatment relation between patient or referrals

BioBank: Can access view only upon registered request only in cases where records are needed for medical reasons

Health Bank: Can access and manage all records only if there is existing treatment relation between patient or referrals

Household Bank: Can access view only records if there is existing treatment relation between patient or referrals

Citizens

Medical Bank: Can access view only records but cannot obtain access to sensitive information deemed by medical professionals; Cannot access to copies of X-rays / Scans

BioBank: Do not have access unless requested upon valid reasons

Health Bank: Can access and manage / input certain records such as Vital Signs, Lifestyle, Nutrition, Medication

Household Bank: Can access and manage / input certain records such as Housing Conditions, Income, etc.

Government

Medical Bank: Can access view only records with redacted identifiable information such as photos, scans, written notes, letters

BioBank: Can only access data as overall view

Health Bank: Can access view only records with redacted identifiable information such as name

Household Bank: Can access view only records with redacted identifiable information such as Address, Pinpoint specific locations

/ireframe

USER: HEALTHCARE STAFF DURING NCD ANNUAL SCREENING

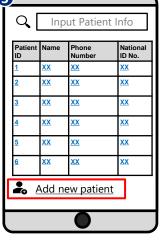




2 Physical Touchpoint



Patient Finder



Registration

Registration

ID Card

National ID No.

Name

XX

Next

1 NCD Annual screening by MoH is conducted and citizens were notified if they are within the risk groups

2 Citizens received NCD Screening Result

After NCD risk groups have been identified, User such as HAs & VHWs can register health application to citizen. VHWs have the option to create user registration for citizens or let them self-register. In the case where citizens do not have access to mobile phones, the user registers for them by adding new patient to the system.

3 User takes photo of citizen's ID Card and enter registration attributes on behalf of the citizen. The OCR Reader prefills information to the registration, and system verifies if the information matches to the National Digital ID Platform.

Measures:

 WHO PEN Heart (CVD Risk Assessment)

Output:

- NCD Screening Result

N/A

Input Registration Attributes:

- Name
- Sex
- Date of Birth
- National Digital ID
- Phone Number

National Digital ID Platform

Civil
Registration
Database

National Data Hub

National Data
Hub

STEP 1: DATA POINTS

Data Required:● Compulsory (Primary)O Optional (Secondary)

Data Availability:

✓ Yes

△ Partial

≭ No



Data needed for Step 1: First Touchpoint (NCD Screening)

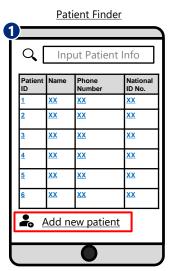
Data Category	Data Points	Availability	Data input	Data output		From Who
	Full Name	✓	•	-	National Digital ID	Citizen
	Citizen ID No.(for confirmation)	✓	•	-	Citizen ID	Citizen
	Sex/Gender	✓	•	-	National Digital ID	Citizen
ersonal information	DoB, Age	<u>√</u>	<u>•</u>	-	National Digital ID	Citizen
	Permanent Address	✓	O O	<u>-</u>	Household Bank	Citizen
	Residential Address	✓.	O	-	Household Bank	Citizen
	Consent Management	✓	•	-	DHP	Citizen
	Current Disease (Diagnosis)	Δ	0	-	Medical Bank	Healthcare Providers
	Medication / Prescription	Δ	0	-	Medical Bank Medical Bank	Healthcare Providers Citizen
	Family History	Δ	0	-		
	Weight (Static)	√	•	-	Medical Bank	Healthcare Providers
	Weight (Static)	/			Household Bank (Annual	
	weight (state)	·	•	-	Health Survey, MoH)	Healthcare Providers
	W : 1. (D				Health Bank (from	
	Weight (Dynamic)			_	Digital Health App)	Citizen/Healthcare Providers
	Height (Static)	✓		_	Medical Bank	Healthcare Providers
	Treight (Static)	·	_		Household Bank (Annual	
	Height (Static)	✓			· ·	
	-		•	-	Health Survey, MoH)	Healthcare Providers
	Height (Dynamic)				Health Bank (from	
	rieight (Byhamic)		•	-	Digital Health App)	Citizen
Health Information	BMI (Static)	✓	•	-	Medical Bank	Healthcare Providers
					Household Bank (Annual	
	BMI (Static)	✓		_	Health Survey, MoH)	Healthcare Providers
			•		Health Bank (from	Treatment Froviders
	BMI (Dynamic)				•	A
	·		•	-	Digital Health App)	App
	Blood Pressure (Systolic(mmHg)) (Static)	✓			Household Bank (Annual	
	blood (Tessare (Systolic(IIIIII 19)) (Static)	·	•	-	Health Survey, MoH)	Healthcare Providers
					Health Bank (from BP	
	Blood Pressure (Systolic(mmHg)) (Dynamic)				monitor via Digital	
	=,				Health App)	Healthcare Providers
	Blood Pressure (Systolic(mmHg))(Static)	1		-	i caicii / (pp)	Treatment of Toviders
	Blood Pressure (Diastolic(mmHg)) (Dynamic)	V		-		
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	Δ	0	_	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	Δ	0	-	Health Bank	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	Δ	Ö	_	Medical Bank	Healthcare Providers

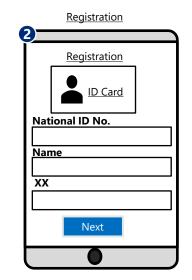
STEP 2: APP REGISTRATION (BY HEALTHCARE STAFF)

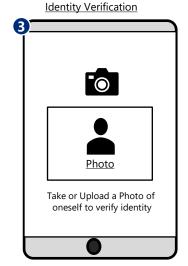


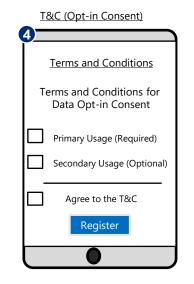
USER: HEALTHCARE STAFF

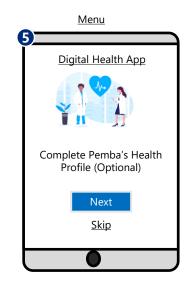
Initial Assumption Only













User such as VHWs promote health application to citizen. VHWs have the option to create user registration for citizens or let them self-register. In the case where citizens do not have access to mobile phones, the user registers for them by adding new patient to the system.

2 User takes photo of citizen's ID Card and enter registration attributes on behalf of the citizen. The OCR Reader prefills information to the registration, and system verifies if the information matches to the National Digital ID Platform.

3 For security purposes, user will have to take photo of the citizen to verify the citizen's identity; The Al facial recognition matches the current photo with the photo in the National Digital ID Platform.

4 Upon registration, user reads through Terms & Condition for the citizen, and applies for optin consent for different purposes based on citizen's choices.

Users can help citizens without an app enter basic profile (weight, height), and do initial surveys to assess behaviors and health risks. This will be later on useful for other medical staff to assess in the initial health screenings.

Once everything is completed, a QR or bar code(same as ePIS) will be generated. This will be directly connected to the healthbank ID. User can save, share, or print out QR code to be given to the citizen. Citizen can show this QR code for future screenings, which acts as a digital health book.

N/A

Input Registration Attributes:

- Name
- Sex
- Date of Birth
- National ID No.
- Phone Number

Input Verification:

- ID Card (Front & Back)
- User's Photo

Input Consent:

- Opt-in Consent (Y/N)

Input Health Profile:

- Risk Assessment
- Lifestyle Assessment
- Basic Profile (Weight, Height, BMI)
- Current Medications

Health Bank

National Digital ID Platform

Registration
Database

National Data Hub

National Data
Hub

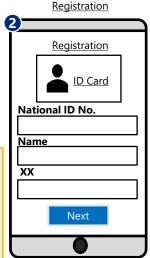
N/A

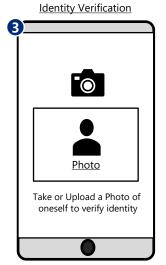
STEP 2: APP REGISTRATION FLOW (SELF-REGISTRATION) jica Digital transformation

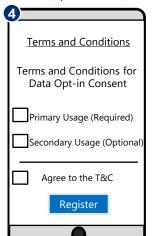


USER: CITIZEN

Initial Assumption Only

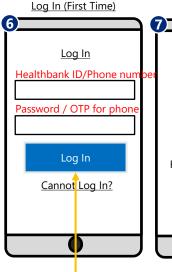




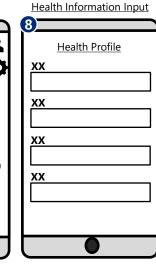


T&C (Opt-in Consent)









User can choose to register or log-in to the mobile application.

2 User takes photo of ID Card and 3 enter registration attributes. The OCR Reader prefills information to the registration, and system verifies if the information matches to the National Digital ID Platform. If it is correct, user can go through the next flow.

For security purposes, user will have to take photo to verify their identity; The AI facial recognition matches the current photo with the photo in the National Digital ID Platform.

Upon registration, user reads through Terms & Condition, and applies for opt-in consent for different purposes. Users will be able to click register once the required fields are checked. Please see details of consent in next three slides

After registration process is completed, user will be redirected to first-time log-in screen.

6 For first-time log-in, users 7 will have to enter their new healthbank ID and password (also set their phone number and receives OTP via SMS for verification for security.) The system remembers user

log-in and the next time they log-in, only PIN will be required to access the app.

First time users will be asked to enter their basic health

profile as an initial data.

Users can initially enter basic profile (weight, height), and do different surveys to selfassess health risk. This will be later on useful for medical staff to assess in the initial health screenings.

Inp

- Name
- Sex
- Date of Birth
- National ID No.

Phone Number Password / PIN

uŧ	Registration	Attributes:	Input	Verificati
uι	Registration	Attributes.	IIIPut	vermeati

- ID Card (Front & Back)
- User's Photo

Input Consent:

- Opt-in Consent (Y/N)

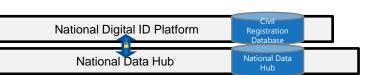
Input Login Attributes:

- Healthbank Id
- Phone Number
- OTP via SMS
- Password / PIN

Input Health Profile:

- Risk Assessment
- Lifestyle Assessment
- Basic Profile (Weight, Height, BMI)
- Current Medications



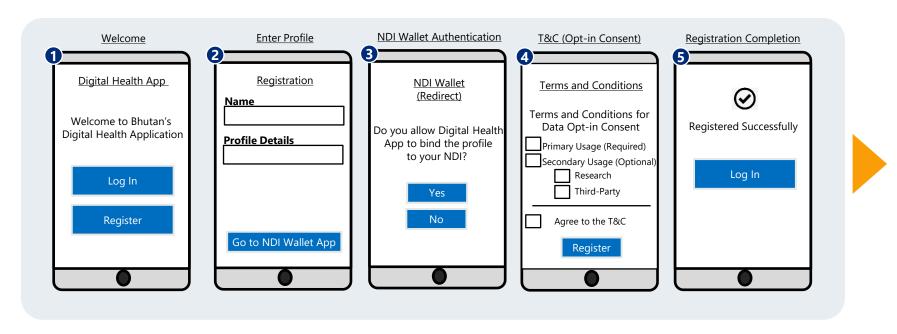


Wireframe

Note: Consent Process of Data for Primary Use



For primary care purposes, consent of primary use is mandatory. If citizen does not allow consent for primary use during registration, they will not be able to create Digital Health App account.

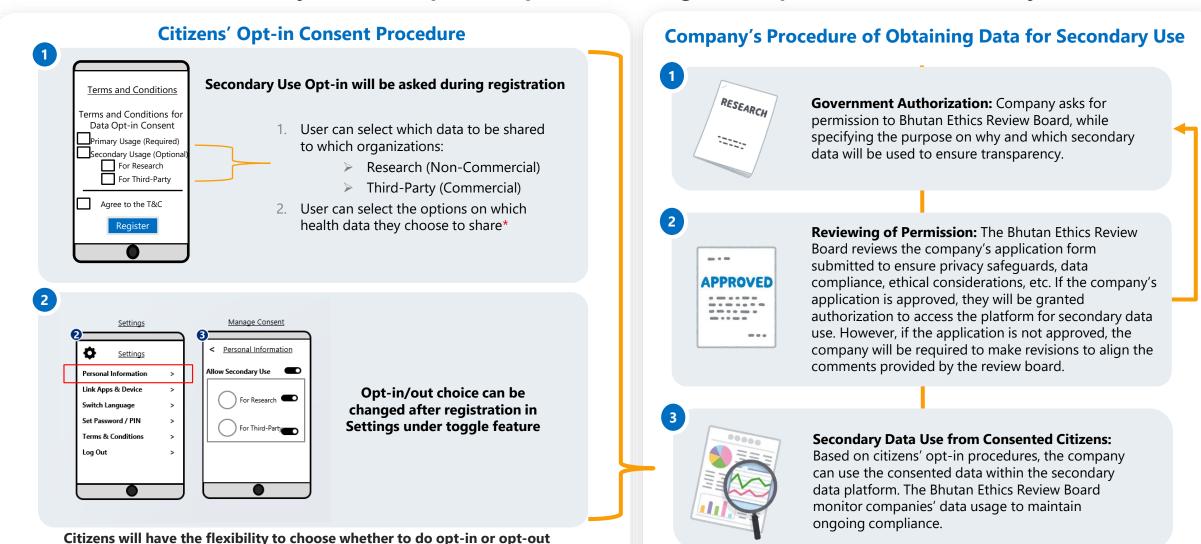


Primary Data Collection is Required (Mandatory Field), while Secondary Data is Optional. If user did not check on the box on primary field, the button will be disabled, and they will not be able to proceed the registration process.

Note: Consent Process of Data for Secondary Use



Citizens will have the flexibility to choose opt-in or opt-out according to their preferences for secondary data utilization



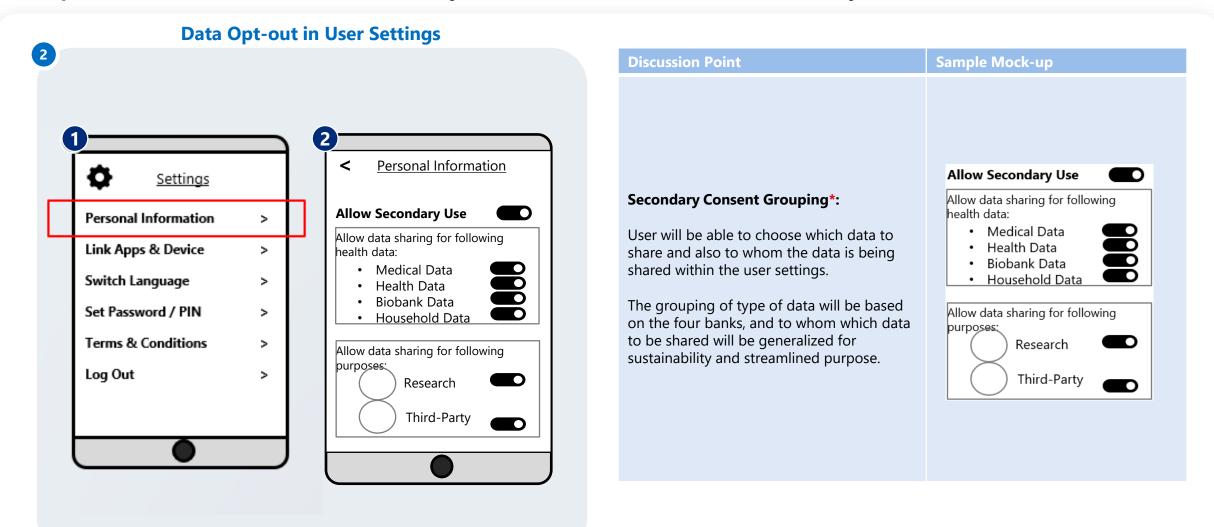
^{*}Due to the interconnection of the health data, careful consideration is required to maintain the integrity and usefulness of interconnected data

according to their preferences from these two entry points

Note:Consent Process of Data for Secondary Use Opt-out ital Process of D



In the personal information citizen can modify which data could be used on secondary use



^{*}Due to the interconnection of the health data, careful consideration is required for selective information to maintain the integrity and usefulness of interconnected data

STEP 2: DATA POINTS



Data needed for Step 2: Application Registration

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	Full Name	✓	•	-	National Digital ID	Citizen
	Citizen ID	✓	•	-	National Digital ID	Citizen
					Newly created for	
Personal Information	Health Bank ID No,	✓	•	-	healthbank	Citizen
Personal Information	Sex/Gender	✓	•	-	National Digital ID	Citizen
	DoB	✓	•	-	National Digital ID	Citizen
	Permanent Address	✓	•	-	Household Bank	Citizen
	Residential Address	✓	•	-	Household Bank	Citizen
Health Information	Family History	Δ	0	-	Medical Bank	Citizen
Health Information	Weight (BMI)	Δ	0	-	Health Bank	Citizen
	Physical Activeness Assessment	Δ	•	-	Health Bank	Citizen
	Alcohol Assessment	Δ	•	-	Health Bank	Citizen
Health Assessment	Tobacco Assessment	Δ	•	-	Health Bank	Citizen
	Nutrition Assessment (Salt Intake, Vegetable Intake, Betel Use)	Δ	•	-	Health Bank	Citizen
	CVD Risk Assessment	Δ	-		Health Bank	Citizen
	Education level	Δ	0	-	Household Bank	Citizen
	Housing Conditions (Toilet)	Δ	0	-	Household Bank	Citizen
Household Information	Family Number (in current residential address)	Δ	0	-	Household Bank	Citizen
Household Illioillation	Distance to medical facilities	Δ	0	-	Household Bank	Citizen
	Household income and expenditures	Δ	0	-	Household Bank	Citizen
	Occupation & History	Δ	-	-	Household Bank	Citizen
App Information	App Registration Number	×	-	•	Арр	Арр
Outcome Indicator	NCD Screening result	Δ	0	-	MoH NCD Screening	Government
Outcome marcator	Data utilization for healthcare providers: Report Generating	×	-		Арр	Арр

Data Required:

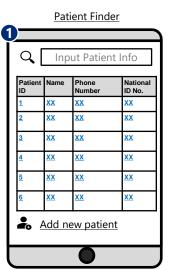
Compulsory (Primary)Optional (Secondary)

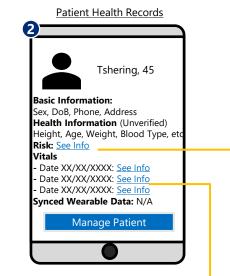
Data Availability:

✓ Yes

△ Partial **※** No

USER: HEALTHCARE STAFF (HEALTH ASSISTANTS DURING ORC VISITS)





Tshering, 45

Basic Information:
Sex, DoB, Phone, Address
Health Information (Unverified)
Age, Blood Type, etc
Risk: (Based on Assessment)
Vitals
- Date XX/XX/XXXX:
- Date XX/XX/XXXX:
- Date XX/XX/XXXX:
Synced Wearable Data: N/A

Manage Patient's Info

Sync Vitals Data

New Vitals Record

Date: XX/XX/XXXX

Vitals Attribute Info (Data Input, Time, etc.)

BMI Weight Sync from Device Add Manually

Heart Rate

Blood (systolic mm)

BP (diastolic mm)

Blood Glucose

Glucose

Glucose

Ketone Add Manually

XX XX



User enters one of the attributes to find the patient info within the database. If the patient is not registered, user adds new patient. The information which needs to be input will be the same as the **Input Registration Attributes** (except for PIN where citizens will input it themselves in the app).

the Health Bank will be shown. Unverified data are self-assessed data that were input by the patient themselves which may need further verification from the user via Manage Info Feature

Input Patient Attributes: Output Health Data:

- Patient Name
- National ID No.
- Phone Number
- Address

- Patient's Health Data:

2 User clicks on the patient info. The

patient's health data retrieved from

syncing of IoT health device such as BP monitor, HRV sensors, etc.

Input Health Data:

- Patient's Health Data

User can add or edit health info and

also verify patient's self-assessed info

in this feature. User will not be able to

edit fixed fields such as National ID.

name, age, DoB, Sex, User can also

add vitals of the patient through

Input Health Data:

no available signals.

4

 Patient's Health Data (e.g. Weight, Heart Rate, Blood Pressure, Sugar Levels, Heart Variability Rate, etc.)

User can input vital records

from the medical health

device synced via Bluetooth /

network or manually add the

vital records when there are

If there is enough information inputs, the system can analyze patient's risk based on system's pre-programmed WHO PEN Protocols. Users (Healthcare Staff) can use this findings to give initial screenings, referral recommendations, and lifestyle changes to the patient.

Output Risk Info:

 Risk Assessment (Based on different data variables such as patient's lifestyle self-assessments, various vital signs, etc.)

Data from Application's Database





STEP 3: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes
△ Partial



Data needed for Step 3: ORC Visits Monitoring

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	/	•	-	National Digital ID	Citizen
	Citizen ID No.(just for authentication check)	✓	•	-	National Digital ID	Citizen
	Health Bank ID No, (used as main)	✓	•	-	Newly created for healthbank	Citizen
	Sex/Gender	✓	•	-	National Digital ID	Citizen
	DoB	✓	•	-	National Digital ID	Citizen
	Permanent Address	✓	•	-	Household Bank	Citizen
	Residential Address	✓	•	-	Household Bank	Citizen
	Consent Management	×	•	-	DHP	Citixen
	Current Disease (Diagnosis)	✓	0	•	Medical Bank	Healthcare Providers
	Medication / Prescription	Δ	0	-	Medical Bank	Healthcare Providers
	Vaccination	Δ	0	-	Medical Bank	Healthcare Providers
	Family History	Δ	•	-	Medical Bank	Citizen
	Heart Rate (Dynamic)		•			
	Family History	✓	•			
	Weight (Static)	✓	•			
	Weight (Static)	✓	•			
	Weight (Dynamic)		•			
ealth Information	Height (Static)	✓	•			
	Height (Static)	✓	•			
	Height (Dynamic)		•			
	BMI (Static)	✓	•			
	BMI (Static)	✓	•			
	BMI (Dynamic)		•			
	Blood Pressure (Systolic(mmHg)) (Static)	✓	•			
	Blood Pressure (Systolic(mmHg)) (Dynamic)	✓	•			
	Blood Pressure (Diastolic(mmHg)) (Dynamic)	/	•			
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	✓	•			
	Blood Sugar Fasting & Control Rate	✓	•			
	ECG (Electrocardiogram Heart Rhythm)	/	•			

STEP 3: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes △ Partial



Initial Assumption Only

Data needed for Step 3: ORC Visits Monitoring

	Physical Activeness Assessment	Δ	0	_	Health Bank	Citizen
	Alcohol Assessment	Δ	0	-	Health Bank	Citizen
	Tobacco Assessment	Δ	0	-	Health Bank	Citizen
	Blood test result (LDL Cholesterol)	✓	0	•		
	Blood test result (Cholesterol = 5 mmol/L or >= 190 mg/dl (%))	✓	0	•		
Health Assessment	Blood test result (hemoglobin A1C -HbA1c)	✓	0	•		
ricaltii Assessilielit	Blood test result (Blood Sugar Fasting & Control Rate)	✓	0	•		
	Blood test result (Blood Glucose rate)	✓	0	•		
	Blood test result (γ-GTP)	✓	0	•		
	Blood test result (Creatinine)	✓	0	•		
	Nutrition Asessment (Salt Intake, Vegetable Intake, Betel Use)	Δ	0	-	Health Bank	Citizen
	CVD Risk Assessment (Dynamic)	✓	0	-•	Health Bank	Citizen
	Education level	Δ	0	-	Household Bank	Citizen
	Housing Conditions (Toilet)	Δ	0	-	Household Bank	Citizen
Household Information	Family Number (in current residential address)	Δ	0	-	Household Bank	Citizen
Tiouschold information	Distance to medical facilities	Δ	0	-	Household Bank	Citizen
	Household income and expenditures	Δ	0	-	Household Bank	Citizen
	Occupation & History	Δ	-	-	Household Bank	Citizen
App Information	Time needed to screen a patient (based on timestamp)	×	-	•	Арр	Арр
	Telemedicine access rates for residents in remote areas	×	-	-	Арр	Арр
Outcome Indicator	NCD Screeing result	Δ	0	-	MoH NCD Screening	Government
	Data utilization for healthcare providers: Report Generating	×	-	•	App	Арр

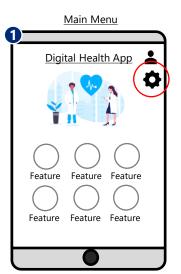
Wireframe

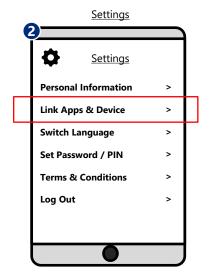
STEP 4: WEARABLE IOT HEALTH DEVICE



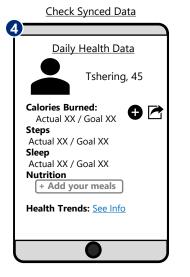
USER: CITIZEN

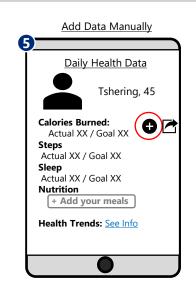
Initial Assumption Only













1 User can sync data from IoT Wearables 2 (e.g. Smartwatch) to the application through feature in Settings (Assumption: IoT Device will be managed by third-party; Health App will only sync the data. User will have to sync wearables and download third-party applications prior to syncing

N/A



In the settings menu, user can click on sync data from wearable to sync data.

User can add applications or device found to sync health data to the mobile application. Once user toggles on the button, the wearable device data will be synced to the app, which will also be synced to Health Bank.

User can check synced data within the application. They can also set health goals and add their daily nutrition. User can share the progress with the social community, as well as share it to social channels such as WeChat.



For users without IoT Device, they can still participate by logging the health status manually in the app.



User will receive notifications that will remind the user based on the health goals set.

N/A

Input Wearable Data to the App & Health Bank:

Data within the wearable such as step count, sleep count, activity levels, etc.



Output Wearable Data Shown:

- Data within the wearable such as step count, sleep count, activity levels, etc.



Input Health Data:

- Daily health data such as step count, sleep count, activity levels, nutrition, etc.



Output Wearable Data Shown:

- Data within the wearable such as step count, sleep count, activity levels, etc.



STEP 4: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes △ Partial **※** No



Initial Assumption Only

Data needed for Step 4: Wearable Health Device

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	Full Name	✓	•	-	National Digital ID	Citizen
	Sex/Gender	✓	•	-	National Digital ID	Citizen
Personal Information	Health Bank ID No, (has to be connected)	✓	0	-	Healthbank ID	Citizen
reisonal illioillation	DoB	✓	•	-	National Digital ID	Citizen
	Permanent Address	✓	0	-	Household Bank	Citizen
	Residential Address	✓	0	-	Household Bank	Citizen
	Current Disease (Diagnosis)	Δ	0	-	Medical Bank	Healthcare Providers
	Family History	Δ	0	-	Medical Bank	Citizen
	Weight (Static)	✓	•	-	Medical Bank	Healthcare Providers
	Weight (Static)		•	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Weight (Dynamic)	1	•	-	Health Bank (from Digital Health App)	Citizen/Healthcare Providers
	Height (Static)	/	•	-	Madiaal David	Healthcare Providers
Health Information	Height (Static)		•	-	Household Bank (Annual Health Survey, MoH)	
	Height (Dynamic)		•	-	Health Bank (from Digital Health App)	Citizen
	BMI (Static)	✓	•	-	Medical Bank	Healthcare Providers
	BMI (Static)	1	•	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	BMI (Dynamic)		•	-	Health Bank (from Digital Health App)	Арр
	Heart Rate (Dynamic)	Δ	-	•	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	Δ	-	0	Medical Bank	Healthcare Providers
	Physical Activeness Assessment	Δ	0	-	Health Bank	Citizen
Health Assessment	Nutrition Asessment (Salt Intake, Vegetable Intake, Betel Use)	Δ	0	-	Health Bank	Citizen
	CVD Risk Assessment	Δ	0	-	Health Bank	Citizen
Wearable Information	Physical Activity (Calorie)	*	-	•	Health Bank	Citizen
wearable information	Sleep Hours (Optional)	×	-	•	Health Bank	Citizen
Outcome Indicator	NCD Screeing result	٨	0	-	MoH NCD Screening	Government

Devices (Blood Pressure)



The following are possible device for Blood Pressure that maybe asked to be connected. The product will be bought by Accenture for the PoC. Please suggest if any one is feasible on your proposal.

Model (Clinically Validated)	OMRON Automatic Blood Pressure Monitor HEM-7120 (<u>link</u>)	A&D Medical electronic blood pressure monitor UM-212BLE (link)	Welch Allyn ProBP™ 2000 Digital Blood Pressure Monitor (link)	
Image	ORNOR THE PARTY OF	LIM 317BILE	WolelyAllyn Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment Comment	
 Cuff pressure Oscillometric/auscultation Measurement parameter: Systolic or diastolic pressure, Heartbeat Battery life: 300 measurement 		 Portable devices Cuff pressure Osillometric Measurement parameter: Systolic or diastolic pressure, Heartbeat Battery life: 300 measurements Memory: 99 data 	 Portable devices Cuff pressure Osillometric Measurement parameter: Systolic or diastolic pressure, Heartbeat 	
Price	\$109.00 Additional Cuffs size: ¥3300	\$185 Additional Cuffs size: ¥2200-5000	\$153 Additional Cuffs size: ¥3000-5000	
Data Management	 OMRON connect app and OMRON connect compatible devices (https://datahealthcare.omron.co.jp/hms_b) 	 Bluetooth Low Energy Ver.4.1 SDK is available for system integrator (link) 	• Data transfer to PC/smartphone/tablet with USB cable or Bluetooth 4.2	

Devices (Wearable Device)



The following are possible wearable device to collect the Steps count, sleep hours, and physical activity calories. That maybe asked to be connected. The product will be bought by Accenture for the PoC. Please suggest if any one is feasible on your proposal.

Model	Samsung Galaxys4 Classic (<u>link</u>)	Fitbit Charge 6 (<u>link</u>)	Amazfit Active (<u>link</u>)	J-Style JC 2301B Smart Health Ring (<u>link</u>)	Smartwatch developed by CST
Image					
Quality	 ✓ Physical activities Steps count Sport and Fitness (group challenge) ✓ Sleep Score ✓ Heart Rate ✓ Others: Blood oxygen(SpO2) Blood Pressure ECG Stress Management Food (calories), Water consumption Battery life:10-20 days 	 ✓ Physical activities • Steps count • Sport and Fitness ✓ Sleep Score ✓ Heart Rate ✓ Others: • Blood Oxygen(SpO2) • Stress management • Skin temperature ✓ Battery life: 7-10 days 	 ✓ Physical activities Steps count Sport and Fitness ✓ Sleep Score ✓ Heart Rate ✓ Others: Blood Oxygen(SpO2) Stress Monitoring ✓ Battery life: 10-30 days. Continuous GPS Usage 16 hours 	 ✓ Physical activities • Steps count • All day activities ✓ Sleep Score ✓ Heart Rate ✓ Others: • Oxygen (SpO2). • Calories • Non-invasive Blood glucose • Skin Temperature • HRV Stress • Battery life: 7-10 days 	 ✓ Physical activities Steps count ✓ Sleep Pattern detection ✓ Heart Rate ✓ Others: Multiple watch faces. Calorie count. Battery life: 24 hours
Price	Original price: 458\$ Discounted Price: 121\$ (Feb 2024)	Original Price: 159\$	Original price: 241\$ Discounted Price: 157\$ (Feb 2024)	Original price: \$185	-
Data Integration	 Android SDK support. Health Connect API. Or API works on both Wear OS and Android OS 	 Android SDK support. Health Connect API. Or API works on both Wear OS and Android OS 	Android SDK support. Health Connect API. Or API works on both Wear OS and Android OS	 JC Ring App – Cloud-based Service - API work for OS and Android but only for original app 	Data Transfer to App for logging and analysis

32

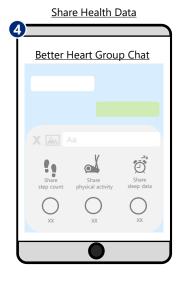
STEP 5: SUPPORT FROM ONLINE COMMUNITIES



Main Menu Digital Health App Feature Feature Feature Feature Feature

Create User Profile Create Profile **Enter Name Your Health Goals** Heart Health (Recommended) Food & Nutrition (Recommended) Weight Loss







Within the main menu, user can select a feature where they can interact with other online community members within the

mobile application

For anonymity, user can create their own user profile, and select health goals that they want to achieve. They will also be recommended the goals based on their health data and health risk.

After choosing health goals, user will be recommended / related groups, and chat with people who have the

User can click to share health data and progress within the group chat, which allows community to gain recognition

Government can also share healthrelated news within the community group chat

N/A

Input Profile Name

- Name of user (anonymous)

Input Health Goals Attributes:

- Health Goals (Select from health goal list)

Data from Application's Database

Output Wearable Data Shown:

Data within the wearable such as step count, sleep count, activity levels, etc.



Output Wearable Data Shown:

Data within the wearable such as step count, sleep count, activity levels, etc.



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Initial Assumption Only

same health goals anonymously

and motivation

N/A

STEP 5: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes △ Partial ※ No



Initial Assumption Only

Data needed for Step 5: Online Community

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	/	0	-	National Digital ID	Citizen
	Sex/Gender	✓	0	-	National Digital ID	Citizen
	Health Bank ID No, (has to be connected)	✓	•	-	Healthbank ID	Citizen
	DoB	✓	0	-	National Digital ID	Citizen
	Current Disease (Diagnosis)	Δ	0	-	Medical Bank	Healthcare Providers
	Medication / Prescription	Δ	0	-	Medical Bank	Healthcare Providers
	Family History	Δ	0	-	Medical Bank	Citizen
	Weight (BMI)	Δ	0	-	Health Bank	Citizen
Health Information	Blood Pressure	Δ	0	-	Health Bank	Healthcare Providers
	Heart Rate (Dynamic)	Δ	0	-	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	Δ	0	•	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	Δ	0	-	Health Bank	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	Δ	0	-	Medical Bank	Healthcare Providers
	Physical Activeness Assessment	Δ	0	-	Health Bank	Citizen
	Physical activity (Calorie)	-	•	-	Health Bank (from Wearable device)	Citizen
	Sleeping hours (Option)	-	•		Health Bank (from Wearable device)	Citizen
Haalah Assassinana	Physical activity self-assessment (Physical Activeness Assessment)	-	•		Health Bank (from push notice QA of Digital Health App)	Citizen
Health Assessment	Alcohol self-assessment (Alcohol Assessment)	-	•		Health Bank (from push notice QA of Digital Health App)	Citizen
	Cigarettes self-assessment (Tobacco)		•		Health Bank (from push notice QA of Digital Health App)	Citizen
	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Asessment) (Doma)	-	•		Health Bank (from push notice QA of Digital Health App)	Citizen
	CVD Risk Assessment	Δ	0	-	Health Bank	Citizen
	Step Count / Physical Activity	×	0	•	Health Bank	Citizen
Wearable Information	Sleeping hours	×	0	•	Health Bank	Citizen

STEP 6: CONVENIENCE OF HOSPITAL VISITS



Initial Assumption Only

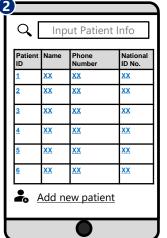
USER: HEALTHCARE STAFF IN HOSPITAL



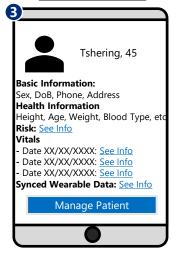
Physical Touchpoint



Patient Finder



Patient Health Records



Behavior & Lifestyle Records



Family and Household History Records



Data Links to App



Patients make a visit to the based on their health issues.

When patients visit hospital for diagnosis, user (health care staff) can gain extensive data by searching patient data in the database. User enters one of the patient attributes to find the patient info within the database.

User clicks on the patient info. The patient's health data retrieved from the Health Bank will be shown. User can check patient health data as a supplementary data for diagnosis along with information in ePIS.

User can also use data such as behavior and lifestyle (e.g. tobacco, alcohol, diet) both input by IoT device and manually by patient, to see whether the patient's lifestyle correlates with the illness / NCD risk they might have

User can also dig down further to see family and household history records that was input during NCD previous government initiatives, manually input by patient. This is to assess their background as well

screenings, high-risk

After user updates diagnosis within ePIS, ePIS data will also be reflected on user's profile within the mobile application in real-time (No data flowing back to ePIS). Here, both citizens and health workers can also see summarized treatment information (Not the actual medical record)

Input Patient Attributes:

- Patient Name
- National ID No.
- Phone Number
- Address

Output Health Data:

- Patient's Health Data

Output Health Data:

- Patient's Health Data
- Lifestyle, Risk survey assessment conducted by patient

environment / areas. **Output Health Data:**

as proximity to

- Patient's Health Data
- Household Bank data

Output Health Data:

- Patient's Health Data

Output Medical Data:

Patient's Medical Records Data

Data from Application's Database











Description

Wireframe

Sample Data

STEP 6: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

■ △ Partial



Initial Assumption Only

Data needed for Step 6: Treatment at hospital visits or telemedicine

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	Full Name	✓	•	•	National Digital ID	Citizen
	Citizen ID No.(for reference check)	✓	•	•	National Digital ID	Citizen
	Health Bank ID No, (has to be connected)	✓	•	•	Healthbank ID	Citizen
Personal Information	Sex/Gender	✓	•	•	National Digital ID	Citizen
reisonal illioilliation	DoB	✓	•	•	National Digital ID	Citizen
	Permanent Address	✓	•	•	Household Bank	Citizen
	Daily Active Users			•		
	Residential Address Residential Address	✓	•	•	Household Bank	Citizen
	Mobile Phone Number	✓	•	•	Household Bank	Citizen
	Current Disease (Diagnosis)	Δ	•	•	Medical Bank	Healthcare Providers
	Medication / Prescription	Δ	•	•	Medical Bank	Healthcare Providers
	Allergy	Δ	0	0	Medical Bank	Healthcare Providers
	Vaccination	Δ	0	0	Medical Bank	Healthcare Providers
	Lab Tests	Δ	0	0	Medical Bank	Healthcare Providers
	Family History	Δ.	•	•	Medical Bank	Citizen
	Weight (Static)	✓	•	•	Medical Bank	Healthcare Providers
	Weight (Static)	✓	•	•	Household Bank (Annual Health Survey MoH)	Healthcare Providers
	Weight (Dynamic)		•	•	Health Bank (from Digital Health App)	Citizen/Healthcare Provider
	Height (Static)	✓	•	•	Medical Bank	Healthcare Providers
	Height (Static)	√	•	•	Household Bank (Annual Health Survey MoH)	Healthcare Providers
Harlth Information	Height (Dynamic)				Health Bank (from Digital Health App)	Citizen
Health Information	BMI (Static)	1			Medical Bank	Healthcare Providers
	BMI (Static)	,	•		Household Bank (Annual Health Survey MoH)	
	BMI (Dynamic)		•	•	Health Bank (from Digital Health App)	Арр
	Blood Pressure (Systolic(mmHg)) (Static)	√	•	•	Household Bank (Annual Health Survey MoH)	
	Blood Pressure (Systolic(mmHg)) (Dynamic)		•	•	Health Bank (from BP monitor via Digita Health App)	Healthcare Providers
	Blood Pressure (Diastolic(mmHg)) (Dynamic)		•	•	Health Bank (from BP monitor via Digita Health App)	al Healthcare Providers
	Heart Rate	Δ	Ö	0	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	Δ	Ö	Ö	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	Δ	Ö	Ö	Health Bank	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	^	Ô	Ö	Medical Bank	Healthcare Providers

STEP 6: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes Δ Partial



Initial Assumption Only

Data needed for Step 6: Treatment at hospital visits or telemedicine

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	Physical Activeness Assessment	Δ	•	0	Health Bank	Citizen
	Alcohol self-assessment (Alcohol Assessment)	Δ	•	0	Health Bank	Citizen
	Cigarettes self-assessment (Tobacco)	Δ	•	0	Health Bank	Citizen
	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Assessment) (Doma)	Δ	0	0	Health Bank	Citizen
	CVD Risk Assessment	Δ	0	0	Health Bank	Citizen
	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Assessment) (Salt)		•	0	Health Bank (from push notice QA of Digital Health App)	Citizen
Health Assessment	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Assessment) (Vegetable)		•	0	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-1: Health Barriers)		•	0	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-2: Community Vitality)		•	0	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-3: Psychological Wellbeing)			0	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-4: Healthy Days)			0	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-5: Health Assessment)				Health Bank (from push notice QA of Digital	
	/ locasiment			0	Health App)	Citizen

STEP 6: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes Δ Partial

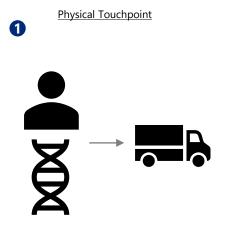


Initial Assumption Only

Data needed for Step 6: Treatment at hospital visits or telemedicine

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	Static Household Data ((GNH-1: Health Barriers))		•	0	Health Bank (from push notice QA of Digital Health App)	Citizen
	Static Household Data (GNH-2: Community Vitality)		•	0	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-3: Psychological Wellbeing)		•	0	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-4: Healthy Days)		•	0	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-5 Health Assessment)		•	0	Household Bank (GNH survey)	Healthcare Providers
	Housing Conditions		•	0	Household Bank (GNH survey)	Healthcare Providers
Health Assessment	Living environement		•	0	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Family Number		•	0	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Distance to medical facilities		•	0		
	Household income and expenditures		•	0	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Stress level		•	0	Health Bank (from push notice QA of Digital Health App)	Citizen
/earable Information	Step Count / Physical Activity	×	0	0	Health Bank	Citizen
	Sleep Count	×	0	0	Health Bank	Citizen
App Information	Time needed to screen a patient (based on timestamp)	*	-	•	App	Арр
	Telemedicine access rates for residents in remote areas	*	-	-	App	App
Outrous Indicator	NCD Screeing result	Δ	•	•	MoH NCD Screening	Government
Outcome Indicator	Data utilization for healthcare providers: Report Generating	×	-	•	Арр	Арр

USER: HEALTHCARE STAFF IN HOSPITAL

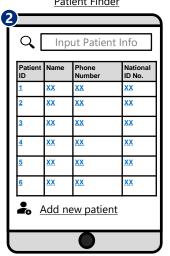


cases where patient's

condition persists, their DNA

samples can be sent to RCDC for

further diagnosis.



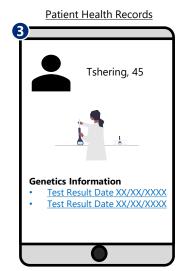
In cases where patient's data will have to be sent to BioBank for further diagnosis, the data will also be updated to the health application. User enters one of the patient attributes to find the

patient info within the database.

Input Patient Attributes:

- Patient Name
- National ID No.
- Phone Number
- Address

Data from Application's Database





Bio

Bank

€

Output Health Data:

Patient's Bio Bank Data

Output Health Data:

- Health Bank
- Household Bank
- Medical Bank
- Bio Bank













Synced Wearable Data: See Info

Manage Patient

User can check genetic-related

data, along with other health data

and risk assessments to give

personalized treatment that is

targeted towards the patient.

Height, Age, Weight, Blood Type, etc

- Date XX/XX/XXXX: See Info - Date XX/XX/XXXX: See Info

- Date XX/XX/XXXX: See Info

Patient Health Records

Basic Information: Sex. DoB. Phone. Address Health Information

Risk: See Info Vitals

Tshering, 45

STEP 7: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes △ Partial



Data needed for Step 7: DNA for Personalized BioBank

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	Full Name	✓	•	-	National Digital ID	Citizen
	Citizen ID No.	✓	•	-	National Digital ID	Citizen
	Health Bank ID No, (has to be connected)	✓	•	-	Healthbank ID	Citizen
ersonal Information	UHID	✓	•	-		
	Sex/Gender	✓	•	-	National Digital ID	Citizen
	Mobile Phone Number	✓	•	-		
	DoB	✓	•	-	National Digital ID	Citizen
	Current Disease (Diagnosis)	Δ	•	-	Medical Bank	Healthcare Providers
	Consent Management		•	-	DHP	Citizen
	Medication / Prescription	Δ	•	-	Medical Bank	Healthcare Providers
	Allergy	Δ	0	-	Medical Bank	Healthcare Providers
	Vaccination	Δ	0	-	Medical Bank	Healthcare Providers
	Lab Tests	Δ	0	-	Medical Bank	Healthcare Providers
	Family History	Δ	•	•	Medical Bank	Citizen
	Weight (Static)	✓	•		Medical Bank	Healthcare Providers
	Weight (Static)	/	•		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
ealth Information	Weight (Dynamic)		•		Health Bank (from Digital Health App)	Citizen/Healthcare Provide
	Height (Static)	✓	•		Medical Bank	Healthcare Providers
	Height (Static)	√	•		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Height (Dynamic)		•		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	BMI (Static)	√	•		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	BMI (Static)	/	•		Health Bank (from Digital Health App)	Арр
	BMI (Dynamic)					

STEP 7: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes

△ Partial **※** No



Data needed for Step 7: DNA for Personalized BioBank

Data Category	Data Points	Availability	Data input Data out	tput Data Source	From Who
	Blood Pressure (Systolic(mmHg)) (Static)	✓	Data Tripate Bata Out	Medical Bank	Healthcare Providers
				Health Bank (from BP monito	or
	Blood Pressure (Systolic(mmHg)) (Dynamic)		•	via Digital Health App)	Healthcare Providers
	Blood Pressure (Systolic(mmHg))(Static)	✓	•	Medical Bank	Healthcare Providers
	Blood Pressure (Diastolic(mmHg)) (Dynamic)			Health Bank (from BP monito via Digital Health App)	or Healthcare Providers
	Blood Pressure (Diastolic(mmHg))(Static)	✓	•	Medical Bank	Healthcare Providers
	Blood test result (LDL Cholesterol)		•		
ealth Information	Blood test result (Cholesterol = 5 mmol/L or >= 190 mg/dl (%))		•	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Blood test result (hemoglobin A1C -HbA1c)		•	Medical Bank	Healthcare Providers
	Blood test result (Blood Sugar Fasting & Control Rate)		•	Medical Bank	Healthcare Providers
	Blood test result (Blood Glucose rate)		•	Medical Bank	Healthcare Providers
	Blood test result (γ-GTP)		•	Medical Bank	Healthcare Providers
	Blood test result (Creatinine)		•	Medical Bank	Healthcare Providers
	Heart Rate	Δ	0 -	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	Δ	0 -	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	Δ	0 -	Health Bank	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	Δ	0 -	Medical Bank	Healthcare Providers
	Physical Activeness Assessment	Δ	0 -	Health Bank	Citizen
	Alcohol Assessment	Δ	0 -	Health Bank	Citizen
	Tobacco Assessment	Δ	0 -	Health Bank	Citizen
	Nutrition Assessment (Salt Intake, Vegetable Intake, Betel Use)	Δ	0	Health Bank	Citizen
Health Assessment	CVD Risk Assessment	Δ	0 -	Health Bank	Citizen
	Living Environment		•	Modify: Health Bank (Survey for Household bank)	Citizen
	Stress Level			Health Bank (from push notion QA of Digital Health App)	ce Citizen
a a mala la farma d'a	Step Count / Physical Activity	×	0 -	Health Bank	Citizen
earable Information	Sleep Count	*	Ō -	Health Bank	Citizen
	DNA	×	-	BioBank	Citizen
Genetics	Saliva	*	-	BioBank	Citizen
	Genetics Result	×	-	BioBank	Healthcare Providers
Outcome Indicator	NCD Screening result	Δ	_	MoH NCD Screening	Government



6

Initial Assumption Only

USER: CITIZEN

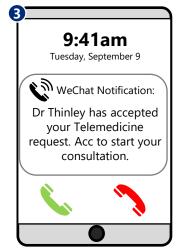
Wireframe







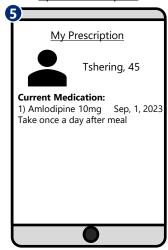
Tele-consultation with Doctor



Receive Diagnosis & Prescription



Updated Prescription



Physical Touchpoint



Within the telemedicine feature, user can contact hospitals directly and vice versa for non-emergency consultations. User can schedule an appointment with doctor.

User can schedule a call by inputting the information. The availability of the doctor is calculated based on location proximity, and user's treatment history. User can also select communication preference with the Social Media Account that is linked to the device.

3 The request information will be sent to the doctor. Notification will be sent to the user once the doctor accept the tele-consult appointment. Once appointment is accepted, user can consult with the doctor on the scheduled date.

4 After completing the telemedicine consultation, user receives diagnosis from the doctor. Doctor can recommend user to come in for further extensive health checks. Or if it is a follow-up case, doctor can update the prescribed medicine to the user that they can

6

Within "My Prescription", user check the prescribed medicine and can go to the local PHC to obtain the medication.

User can show Prescription to the local PHC to receive the medicine from HAs

N/A

Output Consultation Attributes

- Doctor's availability based on schedule

Input Consultation Attributes

- Communication Preference
- Reason for Tele-Consultation
- Reservation Schedule

Data from Application's Database

N/A

Output Teleconsultation Outcomes (Based on Doctor's Inputs)

Updated medication

receive at the nearest PHC.

- **Recommended Appointment**
- Risk Diagnosis
- Doctor's Notes
- Etc.



Output Prescription Info:

Based on data updated within health bank



STEP 8: DATA POINTS





Data needed for Step 8: Telemedicine Follow Up

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	Full Name	✓	•	•	National Digital ID	Citizen
	Citizen ID No.	✓	•	•	National Digital ID	Citizen
	Sex/Gender	✓	•	•	National Digital ID	Citizen
Personal Information	Health Bank ID No, (has to be connected)	✓		-	Healthbank ID	Citizen
	DoB	✓	•	•	National Digital ID	Citizen
	Permanent Address	✓	•	•	Household Bank	Citizen
	Residential Address	✓	•	•	Household Bank	Citizen
	Current Disease (Diagnosis)	Δ	•	•	Medical Bank	Healthcare Providers
	Medication / Prescription	Δ	•	•	Medical Bank	Healthcare Providers
	Allergy	Δ	0	0	Medical Bank	Healthcare Providers
	Vaccination	Δ	0	0	Medical Bank	Healthcare Providers
	Lab Tests	Δ	0	0	Medical Bank	Healthcare Providers
Health Information	Family History	Δ	•	•	Medical Bank	Citizen
neatti information	Weight (BMI)	Δ	•	•	Health Bank	Citizen
	Blood Pressure	Δ	•	•	Health Bank	Healthcare Providers
	Heart Rate	Δ	0	0	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	Δ	0	0	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	Δ	0	0	Health Bank	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	Δ	0	0	Medical Bank	Healthcare Providers
	Physical Activeness Assessment	Δ	0	0	Health Bank	Citizen
	Alcohol Assessment	Δ	0	0	Health Bank	Citizen
Health Assessment	Tobacco Assessment	Δ	0	0	Health Bank	Citizen
	Nutrition Asessment (Salt Intake, Vegetable Intake, Betel Use)	Δ	0	0	Health Bank	Citizen
	CVD Risk Assessment	Δ	0	0	Health Bank	Citizen
Vearable Information	Step Count / Physical Activity	*	0	0	Health Bank	Citizen
vearable illiorillation	Sleep Count	*	0	0	Health Bank	Citizen
	DNA	×	0	0	BioBank	Citizen
Genetics	Saliva	*	0	0	BioBank	Citizen
	Genetics Result	*	0	0	BioBank	Healthcare Providers
App Information	Time needed to screen a patient (based on timestamp)	×	-	•	Арр	Арр
Outcome Indicator	NCD Screening result	Δ	•	•	MoH NCD Screening	Government
Catteonie indicator	Data utilization for healthcare providers: Report Generating	×	-	•	App	Арр

Legend:

Compulsory (Primary) O Optional (Secondary)

Data Availability:

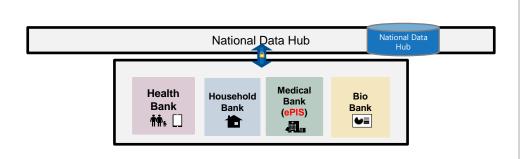
✓ Yes△ Partial

Initial Assumption Only

USER: GOVERNMENT



Data from all sources (Health Bank, Medical Bank, Household Bank, BioBank) will be consolidated into the National Data Hub which is a centralized data stored for government to analyze health trends. Through use of enterprise data platform, users can manage data, analyze, and share across different departments.



1. Healthcare Policy Development

- > Developing a model for rational consumption of treatment options based on income
- > Appropriately allocating budgets for various diseases, ensuring funds are directed towards disease with highest prevalence and impact on public health
- > Properly allocating budgets for hospital infrastructure
- > Formulating new healthcare integration policies across departments to improve coordination and delivery of healthcare
- > Developing new policies to regulate and widespread use of traditional medicine to ensure safe and effective use that meets health needs of the citizen

2. Medical Research and Evaluation

- ➤ Allocate Conducting research on targeted medicine development and effectiveness evaluation.
- > Studying the impact of self-monitoring and lifestyle changes on health outcomes.

3. Public Health Data Analysis & Intervention Planning

- ➤ Be able to analyze out of total, how many is treated (medicated) and how many is known as NCD, hypertension but not treated
- ➤ Analyzing NCD patterns to identify high-risk groups and sources of outbreaks, developing targeted prevention strategies
- ➤ Identifying disparities in health outcomes among different populations (e.g. by income, or geography) developing interventions to address those disparities
- > Tracking vaccination rates to identify low coverage areas and implementing targeted outreach efforts to improve coverage
- > Analyzing data on lifestyle behaviors such as tobacco, diet, and physical activity to identify effective behavior change programs
- ➤ Using predictive analytics to forecast health trends and identify areas where intervention is likely to be most effective

Description Sample Data

STEP 9: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes △ Partial **※** No



Data needed for Step 9: Collected Data for EBPM

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	Sex/Gender	√	-	•	National Digital ID	Citizen
Personal Information	DoB	✓	-	•	National Digital ID	Citizen
	Address (Region Only; Deidentified)	✓	-	•	National Digital ID	Citizen
	Current Disease (Diagnosis)	Δ	-	•	Medical Bank	Healthcare Providers
	Medication / Prescription	Δ	-	•	Medical Bank	Healthcare Providers
	Allergy	Δ	-	•	Medical Bank	Healthcare Providers
	Vaccination	Δ	-	•	Medical Bank	Healthcare Providers
	Lab Tests	Δ	-	•	Medical Bank	Healthcare Providers
	Family History	✓	-	•	Medical Bank	Citizen
	BMI (Static)	✓				
Health Information	BMI (Static)	✓				
Health illioilliation	BMI (Dynamic)					
	Blood Pressure (Systolic(mmHg)) (Static)	✓				
	Blood Pressure (Systolic(mmHg)) (Dynamic)					
	Blood Pressure	Δ	-	•	Health Bank	Healthcare Providers
	Heart Rate	Δ	-	•	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	Δ	-	•	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	Δ	-	•	Health Bank	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	Δ	-	•	Medical Bank	Healthcare Providers
	Physical Activeness Assessment	Δ	-	•	Health Bank	Citizen
	Alcohol Assessment	Δ	-	•	Health Bank	Citizen
	Cigarettes self-assessment (Tobacco)					
Health Assessment	Nutritional self-assessment (salt intake, vegetable					
ricultii Assessificiit	intake, and Doma Pani consumption) (Nutrition					
	Asessment) (Doma)					
	CVD Risk Level (Dynamic)	Δ	-	•	Health Bank	Citizen
	CVD Risk Level (Static)					
Vearable Information	Step Count / Physical Activity	Δ	-	•	Health Bank	Citizen
	Sleep Count	×	-	•	Health Bank	Citizen
	DNA	×	-	•	BioBank	Citizen
Genetics	Saliva	*	-	•	BioBank	Citizen
	Genetics Result	*	-		BioBank	Healthcare Providers

STEP 9: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes △ Partial **※** No



Data needed for Step 9: Collected Data for EBPM

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Sex/Gender	✓	-	•	National Digital ID	Citizen
	Dynamic Household Bank assessment (GNH-1: Health				Health Bank (from push notice	
	Barriers)		-	•	QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-2: Community				Health Bank (from push notice	
	Vitality)		-	•	QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-3:				Health Bank (from push notice	
	Psychological Wellbeing)		-	•	QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-4: Healthy				Health Bank (from push notice	
	Days)		-	•	QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-5: Health				Health Bank (from push notice	
	Assessment)		-	•	QA of Digital Health App)	Citizen
	Static Household Data ((GNH-1: Health Barriers))				Health Bank (from push notice	
	Static nousehold Data ((GNn-1: nealth Barriers))		-	•	QA of Digital Health App)	Citizen
	Static Household Data (GNH-2: Community Vitality)		-	•	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-3: Psychological Wellbeing)		-	•	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-4: Healthy Days)		-	•	Household Bank (GNH survey)	Healthcare Providers
lousehold Information	Static Household Data (GNH-5 Health Assessment)		-	•	Household Bank (GNH survey)	Healthcare Providers
iousenoid information					Original: Household bank	
	Housing Conditions		-		Modify: Health Bank (Survey	
				•	for Household bank)	Citizen
					Original: Household bank	
	Living environement		-		Modify: Health Bank (Survey	
				•	for Household bank)	Citizen
					Original: Household bank	
	Family Number	✓	-		Modify: Health Bank (Survey	
				•	for Household bank)	Citizen
	Distance to medical facilities		_		Household Bank (Living	
	Distance to incurcui facilities			•	Standard Survey)	Citizen
					Original: Household bank	
	Household income and expenditures		-		Modify: Health Bank (Survey	
				•	for Household bank)	Citizen
	Stress level				Health Bank (from push notice	

STEP 9: DATA POINTS

Legend:

Compulsory (Primary)Optional (Secondary)

Data Availability:

✓ Yes △ Partial ➤ No



Data needed for Step 9: Collected Data for EBPM

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
	App Registration Number	Δ	-	•	Арр	Арр
App Information	Time needed to screen a patient (based on timestamp)	Δ	-	•	Арр	Арр
	Telemedicine access rates for residents in remote areas	Δ	-	•	Арр	Арр
	NCD Screeing result	Δ	-	•	MoH NCD Screening	Government
	Rate of change in GNH "Community Vitality"	✓	-	•	GNH Survey	Government
	Rate of juvenile deaths from NCD illness	✓	-	•	NSB	Government
	Rate of death from cardiovascular disease	✓	-	•	NSB	Government
Outcome Indicator	Disability-adjusted life year (DALYs)	✓	-	•	NSB	Government
	Data utilization for Government: Secondary research / EBPM	×	-	•	National Data Hub	Government
	Data utilization for healthcare providers: Report Generating	×	-	•	Арр	Арр