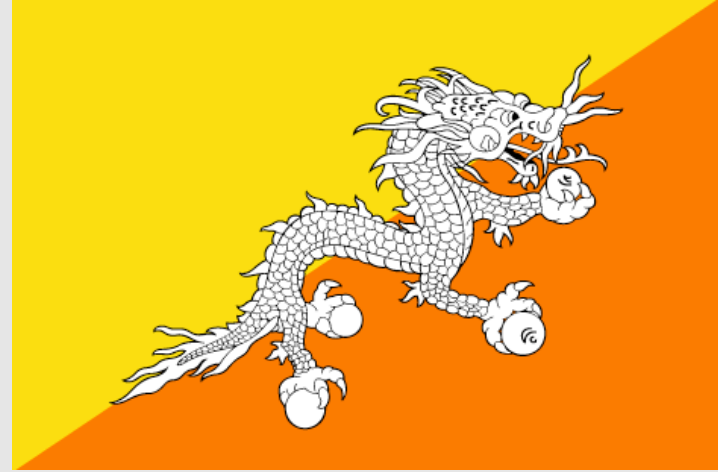




**Digital
transformation**



Healthcare Digitization of Bhutan

App Vendor Informative Session

7th November 2023

Thimphu, Bhutan

Today's agenda is to provide information on Bhutan DX project requirement for App Development

- Introduction and Overview**
- To be Journey**

Today's agenda is to provide information on Bhutan DX project requirement for App Development

- Introduction and Overview**

- To be Journey**

Below image shows various topics under scope for Bhutan Digitization project. Point no. 2 , Application Service PoC will be highlight for today the App Development

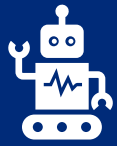
#2 App Development Scope



Responsible for system development in the 2nd phase

#	Area	In charge of system construction
1	Device	• Device vendor
2	Service・Application	• Application vendor
3	DHP Execution Arch.	• Bhutanese vendor (API/DB development)
	Health Bank	
4	DHP Operations Arch.	• Accenture (Infrastructure/Security development)
	DHP Infrastructure	
5	Existing system	• Government of Bhutan
6	Bio Bank	• - ※ In the 2nd phase, we will formulate concepts and implement POC, and do not build systems.

Objective is to discuss the requirement overview for Local Bhutan IT vendors and understand the interest and expertise in Application development



What is the purpose of App development

- Bhutan is working towards digitization of healthcare system. This includes integration and centralization of health data. **The health service app is required to be developed to integrate patient health data from health devices** so that the government can perform disease specific analysis and policies



What are the requirements

- We are looking for IT vendors in Bhutan **who have app development experience in addition to experience of working with Royal Government of Bhutan**



How will it be done

- A TOR and specification document would be shared next year, **and a business contest will be conducted in July 2024 which would be open to both international and Bhutan Local vendors.** The use-cases identified for Bhutan would be required as a presentation in the contest

App vendors would be required to showcase expertise in one or all 4 (but not limited to) the below identified use-cases for Bhutan

Below are four specific use cases for “Nation-led Healthcare DX Approach” in Bhutan.

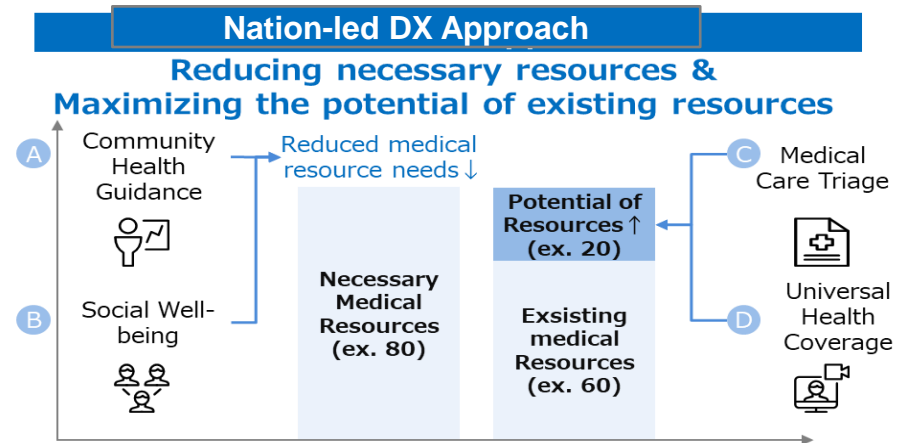
A Community Health Guidance
 With the advancement of health guidance from local health workers, it is easier to obtain PHR on a regular basis in rural areas to improve health awareness.

Fig 2: Various services currently being offered by Health Navigators

Service-example: Maya Health (India)

B Social Well-being
 Forming online communities between individuals affected by Health Issues, supporting the advancements of health in the social communities.

Service Example: Minchare (Japan)



C Medical Care Triage
 Data Integration Platform for personal and professional healthcare that improve gaps and triage, eliminating of unnecessary medical care.

Service Example: Healthcare Passport (Japan)

D UHC (Universal Health Coverage)
 Provide online remote medical services in areas that were used to be constrained geographically to access medical services.

Usecase D is Out of scope

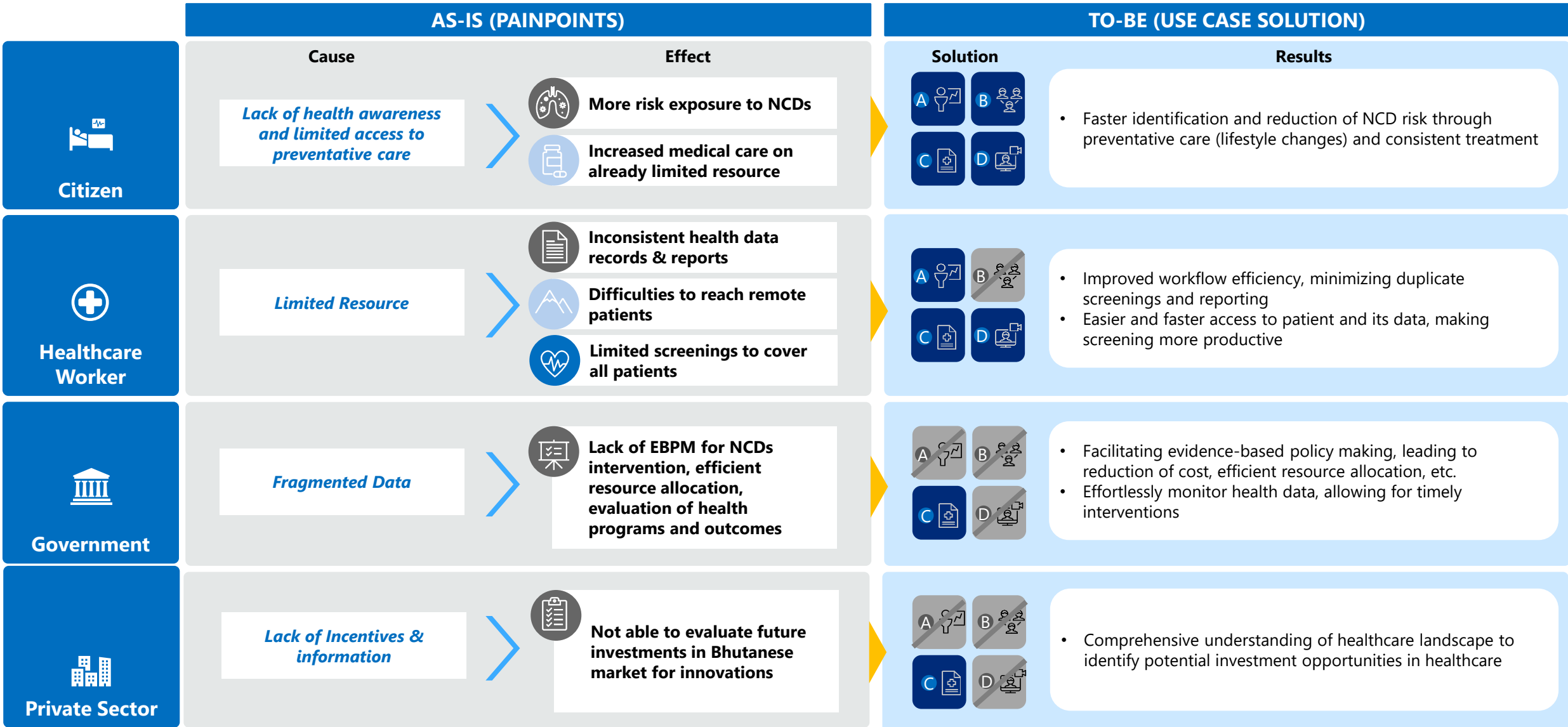
Service-example: Simple (India)

Today's agenda is to provide information on Bhutan DX project requirement for App Development

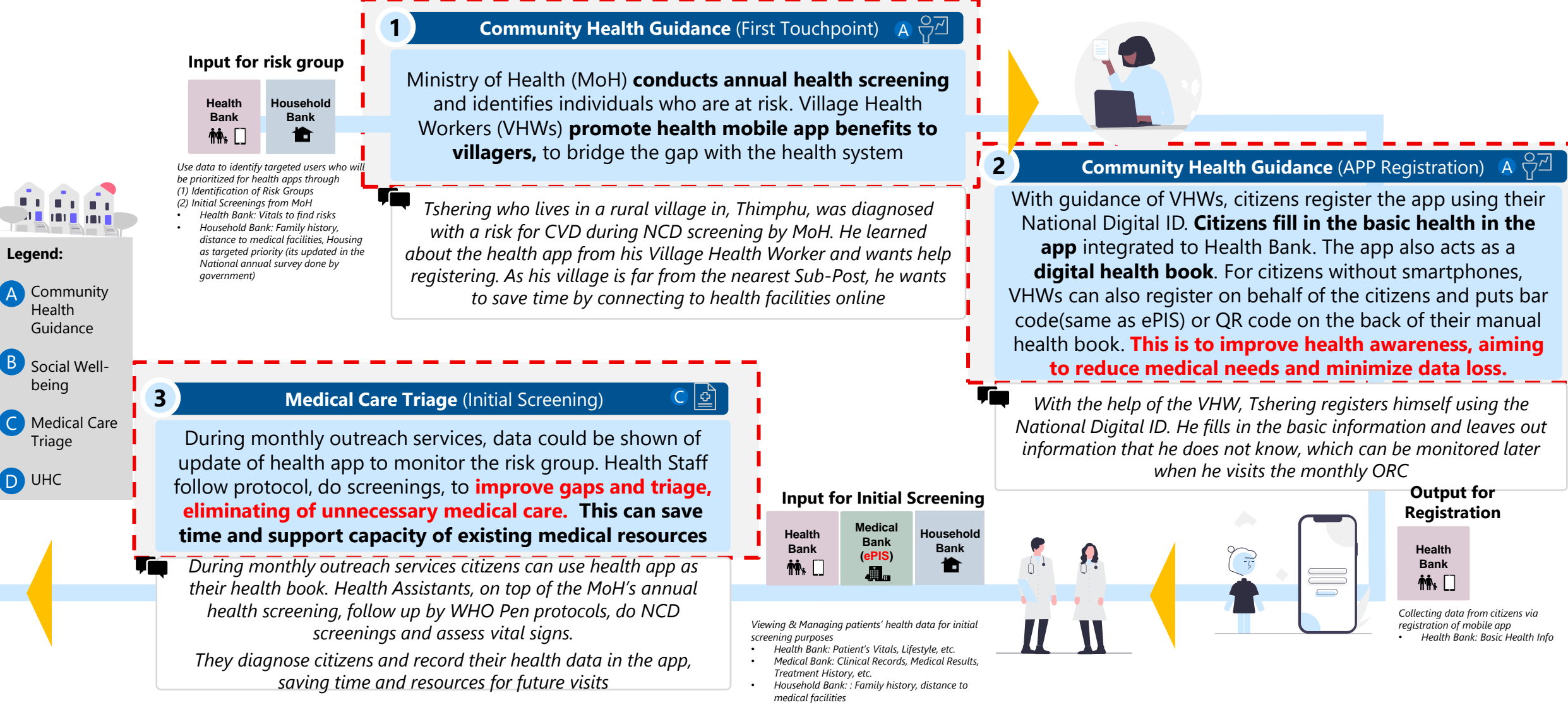
Introduction and Overview

To be Journey

As-is vs To-be in the aspects of "Nation-led Healthcare DX Approach":



“Nation-led Healthcare DX Approach” can enhance health awareness on personal and community level, prioritize the accessibility of medical care, and evaluate the individual health situation on personal and holistic view.



Legend:

- A** Community Health Guidance
- B** Social Well-being
- C** Medical Care Triage
- D** UHC

4 Medical Care Triage (Wearable IoT Health Device) C

Input Update the health condition

Health Bank

Health Bank: Collecting daily data from Wearables such as heart rate, sleep, step count, physical activity

The government lends **wearable IoT devices to patients at risk**, which track daily vital signs like heart rate, activity levels, and sleep patterns. The device data is stored in the mobile app, allowing **patients to monitor their health status**

After being diagnosed, Tshering was given a health wearable device to monitor his vitals. The device connects to his mobile phone via Bluetooth and tracks daily metrics like heart rate, step count, and sleep count. The data is stored in the app, allowing Tshering to make lifestyle changes to reduce his risk of CVD

5 Social Well-being (Support from Online Communities) B

The health app **allows citizens to join online social communities to support each other in making healthy lifestyle changes**. Members can share progress and encouragement, potentially reducing the workload for health staff in spreading awareness and **improve their health themselves to reduce medical needs**

Tshering joined an online health community within the mobile app, connecting with other villagers with similar health concerns. He utilized his health wearable device to track his progress and share it with the community for motivation and encouragement towards healthier lifestyle habits

Output for Health Data Sharing

Health Bank

Citizens sharing of data to online communities (optional) such as step count, physical activity for health goals

6 Medical Care Triage & UHC (Convenience of Hospital Visits) C D

Patients who have seen no health improvements can be referred to hospitals. It can be **either Telemedicine or Hospital visits**. Patients with high risk and complex medical needs can visit the hospital for more attentive care, while those with mild risk can receive medication from their local PHC by obtaining a prescription via **Telemedicine**. This efficient data management can **reduce the time and resources needed for health screenings & medical triage** for secondary care

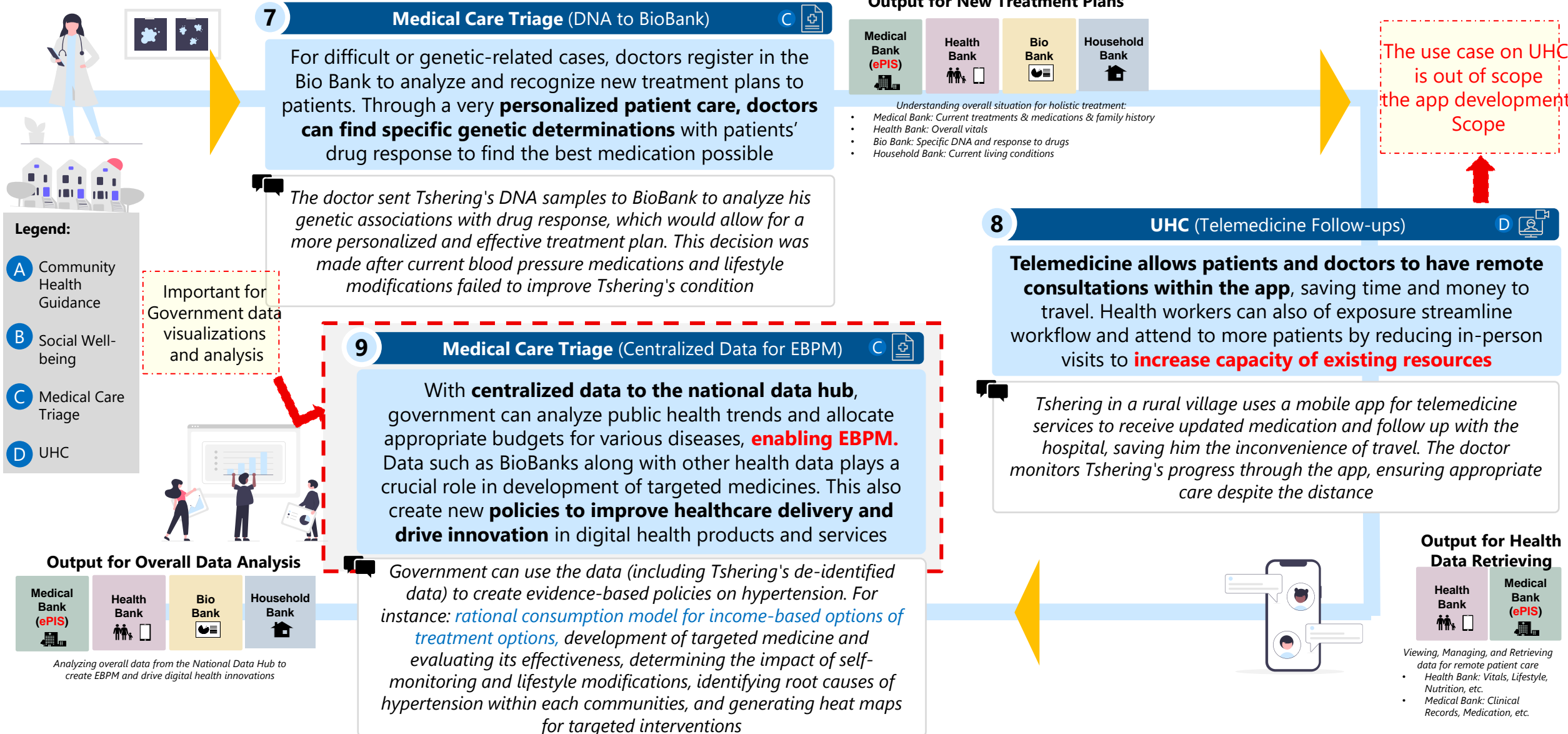
Tshering's high blood pressure persisted, so he decided to visit a secondary care. The doctor access his medical records easily since it was integrated, making the health check process more convenient. This also saves time and resources for additional screenings. With the consistent health records, the doctor made an accurate diagnosis.

Output for Health Data Retrieving

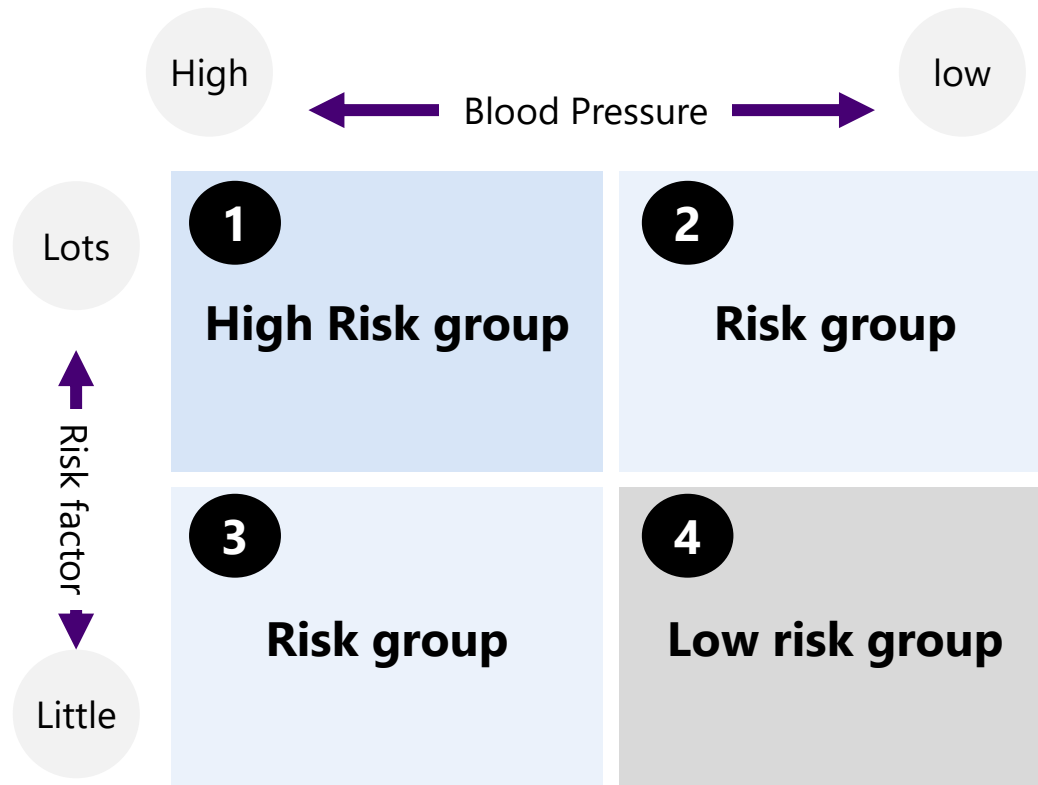
Health Bank **Medical Bank (ePIS)**

Viewing, Managing, and Retrieving data for convenient patient care

- Health Bank: Vitals, Lifestyle, Nutrition, etc.
- Medical Bank: Clinical Records, Medication, etc.



The Digital Health will provide and monitor services to the vast range of groups. However, for the use-case, there are priority “High Risk Groups” within Hypertension and identifying them is important. As well as, we will have



※Risk Factors includes: overweigh, bad diet, lack of exercise, alcohol, stress, drugs, chronic conditions, over 40 years old, genetic

High Risk Groups

There are prioritized “High Risk group” of hypertension. However, we will monitor vast range of groups

Blood pressure	<ul style="list-style-type: none"> Blood pressure Mid o High is Hypertension and those are high risk
Risk Factors	<ul style="list-style-type: none"> Has more than 2 risk factors such as, over 40 years old, overweigh, bad diet, lack of exercise, alcohol, stress, drugs, chronic conditions, genetic

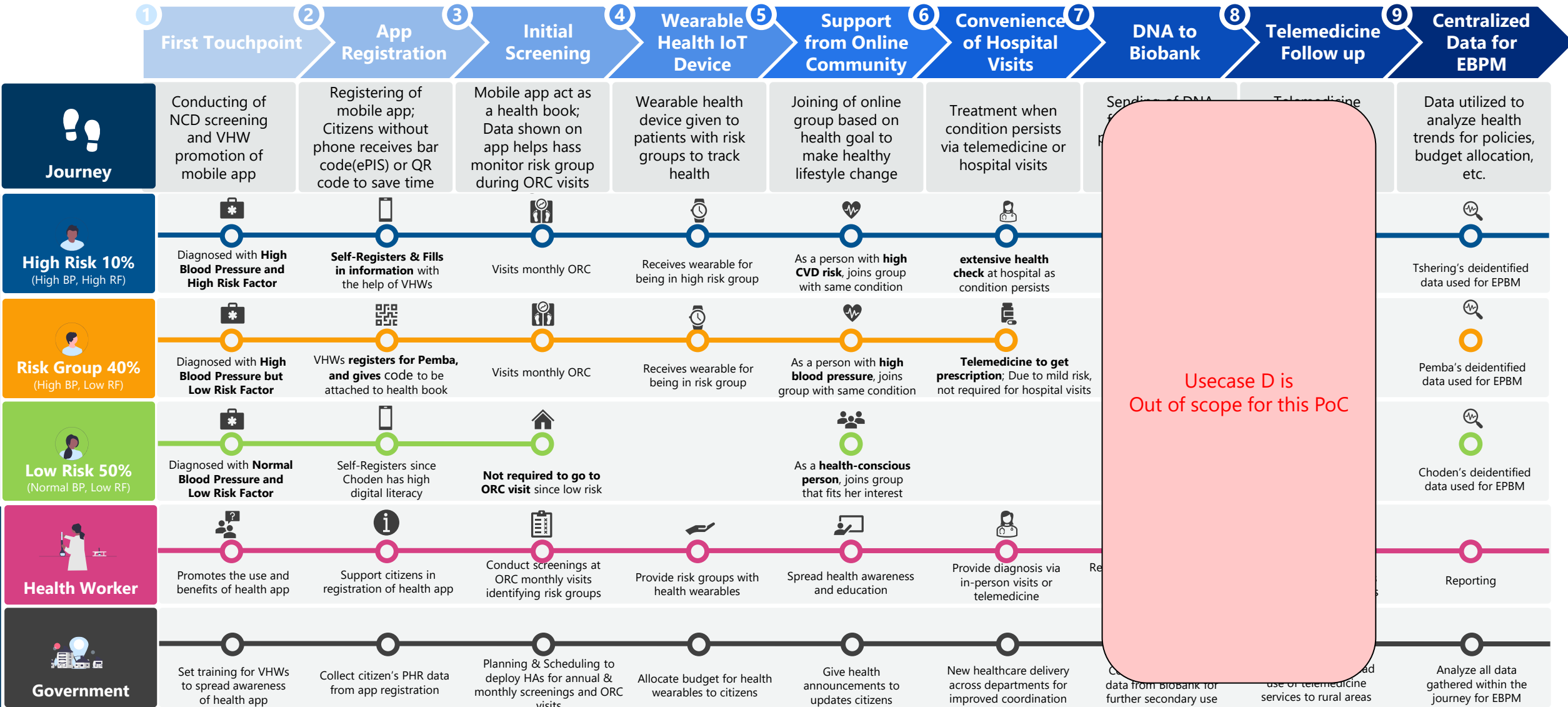
Priority Use-case environment

We would like to prioritized following three aspects for use-case group

Location	<ul style="list-style-type: none"> Lives relatively far from hospitals. More than 10 km away from hospitals (Urban and Rural areas)
Frequency	<ul style="list-style-type: none"> High frequent visitation group to the hospitals
Tech Saviness	<ul style="list-style-type: none"> Use mobile day-to-day but only at basic level

Stakeholder's To-be Journey

The To-be journey can cover all types citizen no matter the severity of the condition, as well as public health sector:



Below mentioned data source is the health app which will be used by both citizens and healthcare providers.

Data Collected From	Indicators	Use Case	Impacted Stakeholder	Data Source	Latest Result
Data from Healthcare Facility	Time needed to screen a patient	A, C	Healthcare	Health App, ePIS	N/A
	No. of patients screened / treatments received for Telemedicine consultation (%)	C, D	Healthcare	Health App	N/A
	Telemedicine access rates for residents in remote areas	D	Citizen, Healthcare	Health App	N/A
	Data utilization for health workers: Report Generating	C	Healthcare	Health App	N/A
Citizens	Primary Data: Hypertension $\geq 140 / 90$ mmHg (%)	A, C	Citizens, Healthcare, Government	Health App, ePIS	35.9%
	Primary Data: Hypertension Under Control (Medication)	A, C	Citizens, Healthcare, Government	Health App, ePIS	3.3%
	Secondary Data: Blood Sugar Fasting ≥ 126 mg/dl (%)	A, C	Citizens, Healthcare, Government	Health App, ePIS	2%
	Secondary Data: Blood Sugar Control Rate (HbA1c)	A, C	Citizens, Healthcare, Government	Health App, ePIS	N/A
	Secondary Data: Cholesterol = 5 mmol/L or ≥ 190 mg/dl (%)	A, C	Citizens, Healthcare, Government	Health App, ePIS	11%
	Secondary Data: CVD Risk $\geq 30\%$ (%)	A, C	Citizens, Healthcare, Government	Health App, ePIS	3.7%
	Secondary Data: Overweight and Above BMI ≥ 25	A, C	Citizens, Healthcare, Government	Health App, ePIS	33.5%, 11.4%
	Secondary Data: Tobacco Consumption (lifetime) (%)	A, B, C	Citizens, Healthcare, Government	Health App, ePIS	23.9%
	Secondary Data: Alcohol Consumption (past 30 days) (%)	A, B, C	Citizens, Healthcare, Government	Health App, ePIS	34.5%
	Secondary Data: Salt Intake (average, grams)	A, B, C	Citizens, Healthcare, Government	Health App, ePIS	8.3
	Secondary Data: Vegetable Intake < 5 servings (%)	A, B, C	Citizens, Healthcare, Government	Health App, ePIS	85.9%
	Secondary Data: Betel Use (%)	A, B, C	Citizens, Healthcare, Government	Health App, ePIS	51.8%
	Secondary Data: Physical Inactivity (< 150 minutes activity / week) (%)	A, B, C	Citizens, Healthcare, Government	Health App, ePIS	7.3%
	Data Utilization for Citizens: No. of Registrations for the Health App	A, B, C, D	Citizen, Government	Health App	N/A
	Data Utilization for Citizens: No. of Daily Active Users for the Health App	A, B, C, D	Citizen, Government	Health App	N/A
Data Utilization for Citizens: Activity rate of online community based on healthcare	B	Citizens, Government	Health App	N/A	
Data Category	Data Points			Data Source	
App Information	App Registration Number			App	
App Information	Time needed to screen a patient (based on timestamp)			App	
App Information	Telemedicine access rates for residents in remote areas			App	

What data shall be collected within the To-Be Journey:

Medical Bank

EMR / EHR

Medical Records, Diagnosis (Current Disease), Medication / Prescription, Allergy, Vaccination, Lab Tests, Family History

Biobank

DNA / Saliva / Tissue Samples / Cell

Health Bank

PHR

Name / National ID / Sex / Age / Weight (BMI) / Vital Signs (Blood Pressure, Heart Rate, Cholesterol, Blood Sugar) / Lifestyle Assessments (Nutrition, Physical, Risk) / Sleep Count / Step Count

Household Bank

SDH

Address (Permanent & Residential) / Education Level, Housing Conditions, Family Number, Distance to Medical Facilities, Household Income / Occupation History



To Which Extent Who Can Access Data?		
Health Facilities:	Citizens	Government
<p>Medical Bank: Can access and manage all records only if there is existing treatment relation between patient or referrals</p> <p>BioBank: Can access view only upon registered request only in cases where records are needed for medical reasons</p> <p>Health Bank: Can access and manage all records only if there is existing treatment relation between patient or referrals</p> <p>Household Bank: Can access view only records if there is existing treatment relation between patient or referrals</p>	<p>Medical Bank: Can access view only records but cannot obtain access to sensitive information deemed by medical professionals; Cannot access to copies of X-rays / Scans</p> <p>BioBank: Do not have access unless requested upon valid reasons</p> <p>Health Bank: Can access and manage / input certain records such as Vital Signs, Lifestyle, Nutrition, Medication</p> <p>Household Bank: Can access and manage / input certain records such as Housing Conditions, Income, etc.</p>	<p>Medical Bank: Can access view only records with redacted identifiable information such as photos, scans, written notes, letters</p> <p>BioBank: Can only access data as overall view</p> <p>Health Bank: Can access view only records with redacted identifiable information such as name</p> <p>Household Bank: Can access view only records with redacted identifiable information such as Address, Pinpoint specific locations</p>

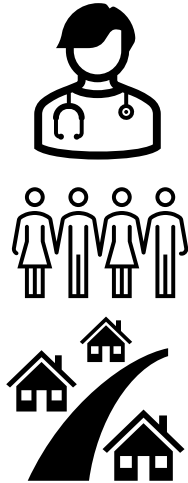
STEP 1: FIRST TOUCHPOINT

USER: HEALTHCARE STAFF DURING NCD ANNUAL SCREENING

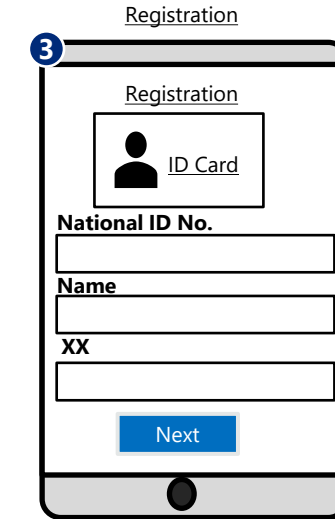
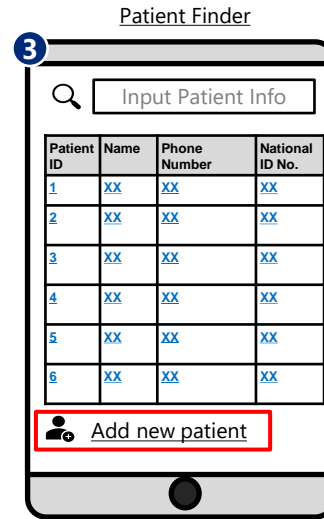
Initial Assumption Only

Wireframe

1 Physical Touchpoint



2 Physical Touchpoint



Description

1 NCD Annual screening by MoH is conducted and citizens were notified if they are within the risk groups

2 Citizens received NCD Screening Result

3 After NCD risk groups have been identified, User such as HAS & VHWS can register health application to citizen. VHWS have the option to create user registration for citizens or let them self-register. In the case where citizens do not have access to mobile phones, the user registers for them by adding new patient to the system.

3 User takes photo of citizen's ID Card and enter registration attributes on behalf of the citizen. The OCR Reader prefills information to the registration, and system verifies if the information matches to the National Digital ID Platform.

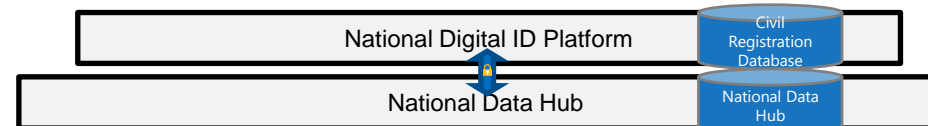
Sample Data

Measures :
- WHO PEN Heart (CVD Risk Assessment)

Output:
- NCD Screening Result

N/A

Input Registration Attributes:
- Name
- Sex
- Date of Birth
- National Digital ID
- Phone Number



STEP 1: DATA POINTS

Data Required:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Data needed for Step 1: First Touchpoint (NCD Screening)

Initial Assumption Only

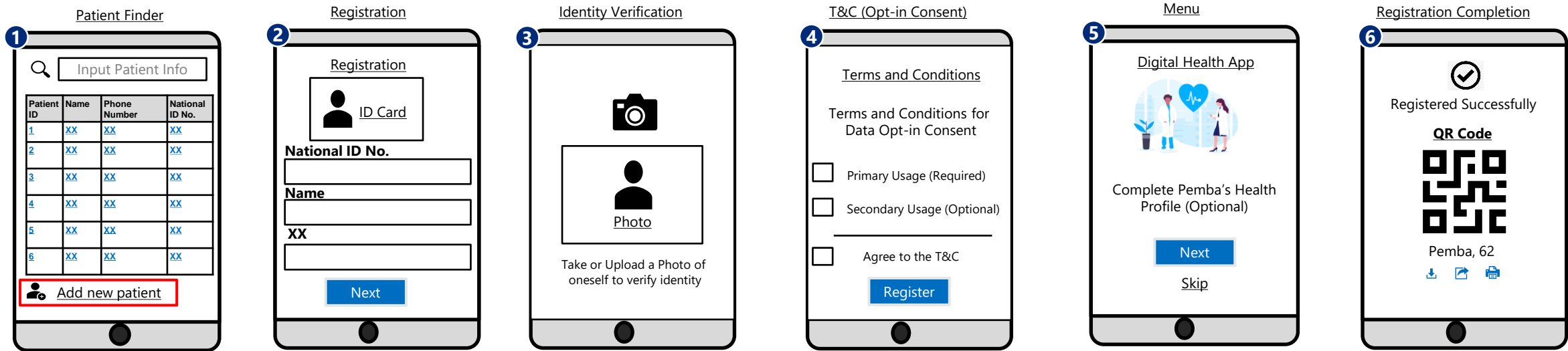
Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	✓	●	-	National Digital ID	Citizen
	Citizen ID No.(for confirmation)	✓	●	-	Citizen ID	Citizen
	Sex/Gender	✓	●	-	National Digital ID	Citizen
	DoB, Age	✓	●	-	National Digital ID	Citizen
	Permanent Address	✓	○	-	Household Bank	Citizen
	Residential Address	✓	○	-	Household Bank	Citizen
Health Information	Consent Management	✓	●	-	DHP	Citizen
	Current Disease (Diagnosis)	△	○	-	Medical Bank	Healthcare Providers
	Medication / Prescription	△	○	-	Medical Bank	Healthcare Providers
	Family History	△	○	-	Medical Bank	Citizen
	Weight (Static)	✓	●	-	Medical Bank	Healthcare Providers
	Weight (Static)	✓	●	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Weight (Dynamic)		●	-	Health Bank (from Digital Health App)	Citizen/Healthcare Providers
	Height (Static)	✓	●	-	Medical Bank	Healthcare Providers
	Height (Static)	✓	●	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Height (Dynamic)		●	-	Health Bank (from Digital Health App)	Citizen
	BMI (Static)	✓	●	-	Medical Bank	Healthcare Providers
	BMI (Static)	✓	●	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	BMI (Dynamic)		●	-	Health Bank (from Digital Health App)	App
	Blood Pressure (Systolic(mmHg)) (Static)	✓	●	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Blood Pressure (Systolic(mmHg)) (Dynamic)		●	-	Health Bank (from BP monitor via Digital Health App)	Healthcare Providers
	Blood Pressure (Systolic(mmHg))(Static)	✓	●	-		
	Blood Pressure (Diastolic(mmHg)) (Dynamic)		●	-		
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	△	○	-	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	△	○	-	Health Bank	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	△	○	-	Medical Bank	Healthcare Providers

STEP 2: APP REGISTRATION (BY HEALTHCARE STAFF)

USER: HEALTHCARE STAFF

Initial Assumption Only

Wireframe



Description

- 1 User such as VHWs promote health application to citizen. VHWs have the option to create user registration for citizens or let them self-register. In the case where citizens do not have access to mobile phones, the user registers for them by adding new patient to the system.
- 2 User takes photo of citizen's ID Card and enter registration attributes on behalf of the citizen. The OCR Reader prefills information to the registration, and system verifies if the information matches to the National Digital ID Platform.
- 3 For security purposes, user will have to take photo of the citizen to verify the citizen's identity; The AI facial recognition matches the current photo with the photo in the National Digital ID Platform.
- 4 Upon registration, user reads through Terms & Condition for the citizen, and applies for opt-in consent for different purposes based on citizen's choices.
- 5 Users can help citizens without an app enter basic profile (weight, height), and do initial surveys to assess behaviors and health risks. This will be later on useful for other medical staff to assess in the initial health screenings.
- 6 Once everything is completed, a QR or bar code (same as ePIS) will be generated. This will be directly connected to the healthbank ID. User can save, share, or print out QR code to be given to the citizen. Citizen can show this QR code for future screenings, which acts as a digital health book.

Sample Data

N/A

Input Registration Attributes:

- Name
- Sex
- Date of Birth
- National ID No.
- Phone Number

Input Verification:

- ID Card (Front & Back)
- User's Photo

Input Consent:

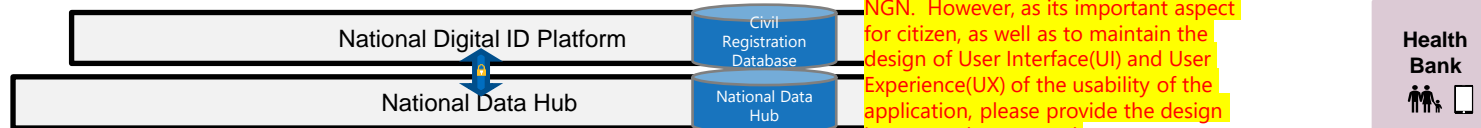
- Opt-in Consent (Y/N)

Note: In charge of the consent management and forms will be designed and created under DHP by NGN. However, as its important aspect for citizen, as well as to maintain the design of User Interface(UI) and User Experience(UX) of the usability of the application, please provide the design image on the proposal.

Input Health Profile:

- Risk Assessment
- Lifestyle Assessment
- Basic Profile (Weight, Height, BMI)
- Current Medications

N/A

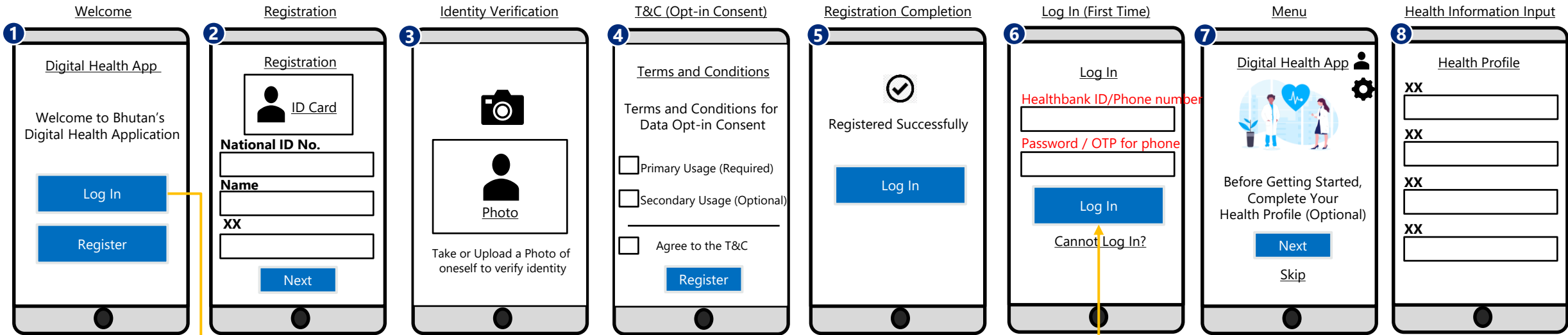


STEP 2: APP REGISTRATION FLOW (SELF-REGISTRATION)

USER: CITIZEN

Initial Assumption Only

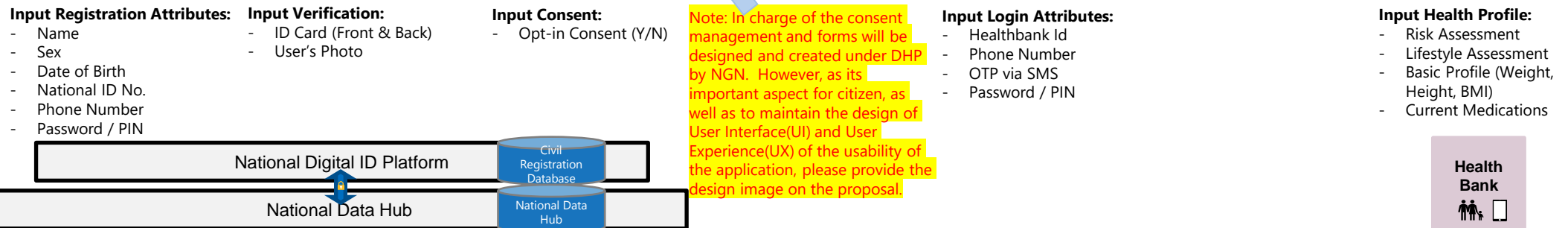
Wireframe



Description

- User can choose to register or log-in to the mobile application.
- User takes photo of ID Card and enter registration attributes. The OCR Reader prefills information to the registration, and system verifies if the information matches to the National Digital ID Platform. If it is correct, user can go through the next flow.
- For security purposes, user will have to take photo to verify their identity; The AI facial recognition matches the current photo with the photo in the National Digital ID Platform.
- Upon registration, user reads through Terms & Condition, and applies for opt-in consent for different purposes. Users will be able to click register once the required fields are checked. *Please see details of consent in next three slides*
- After registration process is completed, user will be redirected to first-time log-in screen.
- For first-time log-in, users will have to enter their new **healthbank ID and password** (also set their phone number and receives OTP via SMS for verification for security.) The system remembers user log-in and the next time they log-in, only PIN will be required to access the app.
- First time users will be asked to enter their basic health profile as an initial data.
- Users can initially enter basic profile (weight, height), and do different surveys to self-assess health risk. This will be later on useful for medical staff to assess in the initial health screenings.

Sample Data

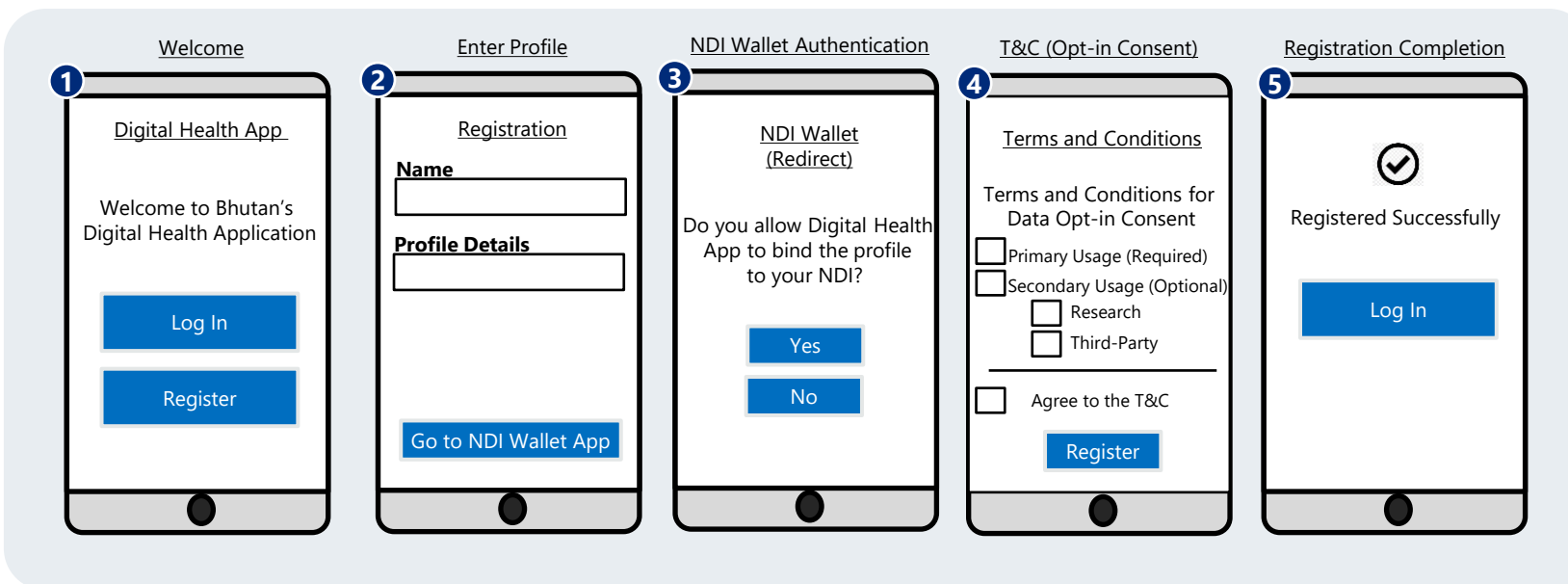


Note: In charge of the consent management and forms will be designed and created under DHP by NGN. However, as its important aspect for citizen, as well as to maintain the design of User Interface(UI) and User Experience(UX) of the usability of the application, please provide the design image on the proposal.



Note: Consent Process of Data for Primary Use

For primary care purposes, consent of primary use is mandatory. If citizen does not allow consent for primary use during registration, they will not be able to create Digital Health App account.



Primary Data Collection is Required (Mandatory Field), while Secondary Data is Optional. If user did not check on the box on primary field, the button will be disabled, and they will not be able to proceed the registration process.

Note: In charge of the consent management and forms will be designed and created under DHP by NGN. However, as its important aspect for citizen, as well as to maintain the design of User Interface(UI) and User Experience(UX) of the usability of the application, please provide the design image on the proposal.

Note: Consent Process of Data for Secondary Use

Citizens will have the flexibility to choose opt-in or opt-out according to their preferences for secondary data utilization

Citizens' Opt-in Consent Procedure

1

Secondary Use Opt-in will be asked during registration

1. User can select which data to be shared to which organizations:
 - Research (Non-Commercial)
 - Third-Party (Commercial)
2. User can select the options on which health data they choose to share*

2

Opt-in/out choice can be changed after registration in Settings under toggle feature

Citizens will have the flexibility to choose whether to do opt-in or opt-out according to their preferences from these two entry points

Company's Procedure of Obtaining Data for Secondary Use

1



Government Authorization: Company asks for permission to Bhutan Ethics Review Board, while specifying the purpose on why and which secondary data will be used to ensure transparency.

2



Reviewing of Permission: The Bhutan Ethics Review Board reviews the company's application form submitted to ensure privacy safeguards, data compliance, ethical considerations, etc. If the company's application is approved, they will be granted authorization to access the platform for secondary data use. However, if the application is not approved, the company will be required to make revisions to align the comments provided by the review board.

3



Secondary Data Use from Consented Citizens: Based on citizens' opt-in procedures, the company can use the consented data within the secondary data platform. The Bhutan Ethics Review Board monitor companies' data usage to maintain ongoing compliance.

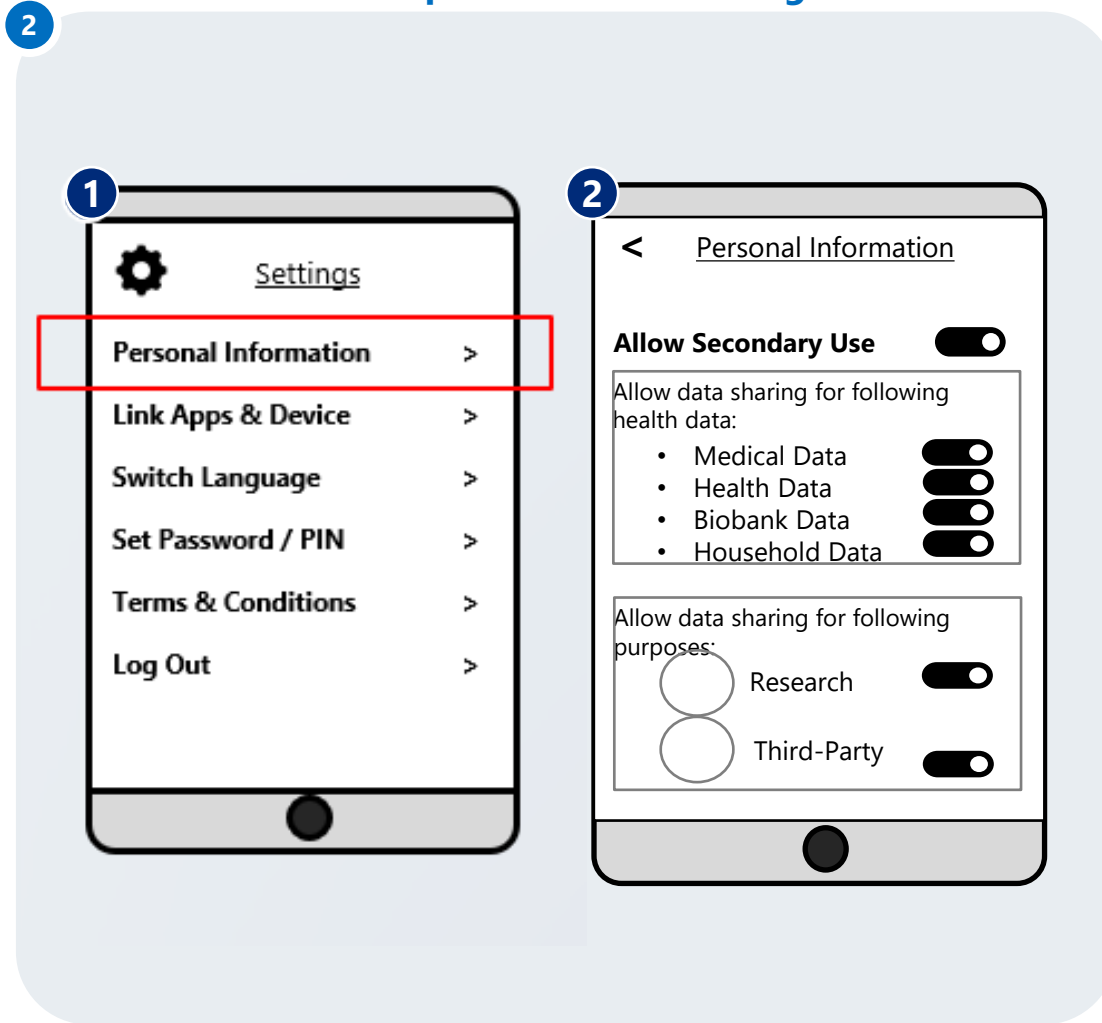
Note: In charge of the consent management and forms will be designed and created under DHP by NGN. However, as its important aspect for citizen, as well as to maintain the design of User Interface(UI) and User Experience(UX) of the usability of the application, please provide the design image on the proposal.

*Due to the interconnection of the health data, careful consideration is required to maintain the integrity and usefulness of interconnected data

Note: Consent Process of Data for Secondary Use Opt-out

In the personal information citizen can modify which data could be used on secondary use. This will be done under DHP

Data Opt-out in User Settings



Discussion Point	Sample Mock-up
<p>Secondary Consent Grouping*:</p> <p>User will be able to choose which data to share and also to whom the data is being shared within the user settings.</p> <p>The grouping of type of data will be based on the four banks, and to whom which data to be shared will be generalized for sustainability and streamlined purpose.</p>	

Note: In charge of the consent management and forms will be designed and created under DHP by NGN. However, as its important aspect for citizen, as well as to maintain the design of User Interface(UI) and User Experience(UX) of the usability of the application, please provide the design image on the proposal.

*Due to the interconnection of the health data, careful consideration is required for selective information to maintain the integrity and usefulness of interconnected data

STEP 2: DATA POINTS

Data needed for Step 2: Application Registration

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	✓	●	-	National Digital ID	Citizen
	Citizen ID	✓	●	-	National Digital ID	Citizen
	Health Bank ID No,	✓	●	-	Newly created for healthbank	Citizen
	Sex/Gender	✓	●	-	National Digital ID	Citizen
	DoB	✓	●	-	National Digital ID	Citizen
	Permanent Address	✓	●	-	Household Bank	Citizen
	Residential Address	✓	●	-	Household Bank	Citizen
Health Information	Family History	△	○	-	Medical Bank	Citizen
	Weight (BMI)	△	○	-	Health Bank	Citizen
Health Assessment	Physical Activeness Assessment	△	●	-	Health Bank	Citizen
	Alcohol Assessment	△	●	-	Health Bank	Citizen
	Tobacco Assessment	△	●	-	Health Bank	Citizen
	Nutrition Assessment (Salt Intake, Vegetable Intake, Betel Use)	△	●	-	Health Bank	Citizen
	CVD Risk Assessment	△	-	●	Health Bank	Citizen
Household Information	Education level	△	○	-	Household Bank	Citizen
	Housing Conditions (Toilet)	△	○	-	Household Bank	Citizen
	Family Number (in current residential address)	△	○	-	Household Bank	Citizen
	Distance to medical facilities	△	○	-	Household Bank	Citizen
	Household income and expenditures	△	○	-	Household Bank	Citizen
	Occupation & History	△	-	-	Household Bank	Citizen
App Information	App Registration Number	✗	-	●	App	App
Outcome Indicator	NCD Screening result	△	○	-	MoH NCD Screening	Government
	Data utilization for healthcare providers: Report Generating	✗	-	●	App	App

Data Required:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

STEP 3: INITIAL SCREENING

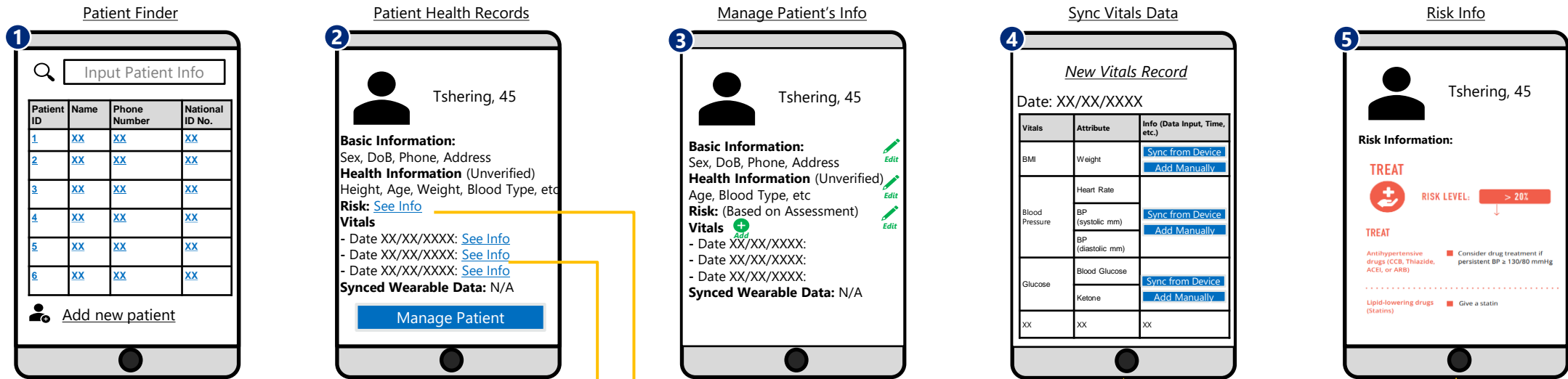
USER: HEALTHCARE STAFF (HEALTH ASSISTANTS DURING ORC VISITS)

Initial Assumption Only

Wireframe

Description

Sample Data



1 User enters one of the attributes to find the patient info within the database. If the patient is not registered, user adds new patient. The information which needs to be input will be the same as the **Input Registration Attributes** (except for PIN where citizens will input it themselves in the app).

2 User clicks on the patient info. The patient's health data retrieved from the Health Bank will be shown. Unverified data are self-assessed data that were input by the patient themselves which may need further verification from the user via Manage Info Feature

3 User can add or edit health info and also verify patient's self-assessed info in this feature. User will not be able to edit fixed fields such as National ID, name, age, DoB, Sex. User can also add vitals of the patient through syncing of IoT health device such as BP monitor, HRV sensors, etc.

4 User can input vital records from the medical health device synced via Bluetooth / network or manually add the vital records when there are no available signals.

5 If there is enough information inputs, the system can analyze patient's risk based on system's pre-programmed WHO PEN Protocols. Users (Healthcare Staff) can use this findings to give initial screenings, referral recommendations, and lifestyle changes to the patient.

Input Patient Attributes:

- Patient Name
- National ID No.
- Phone Number
- Address

Output Health Data:

- Patient's Health Data

Input Health Data:

- Patient's Health Data

Input Health Data:

- Patient's Health Data (e.g. Weight, Heart Rate, Blood Pressure, Sugar Levels, Heart Variability Rate, etc.)

Output Risk Info:

- Risk Assessment (Based on different data variables such as patient's lifestyle self-assessments, various vital signs, etc.)

Data from Application's Database



STEP 3: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Data needed for Step 3: ORC Visits Monitoring

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	✓	●	-	National Digital ID	Citizen
	Citizen ID No.(just for authentication check)	✓	●	-	National Digital ID	Citizen
	Health Bank ID No, (used as main)	✓	●	-	Newly created for healthbank	Citizen
	Sex/Gender	✓	●	-	National Digital ID	Citizen
	DoB	✓	●	-	National Digital ID	Citizen
	Permanent Address	✓	●	-	Household Bank	Citizen
	Residential Address	✓	●	-	Household Bank	Citizen
Health Information	Consent Management	✗	●	-	DHP	Citizen
	Current Disease (Diagnosis)	✓	○	●	Medical Bank	Healthcare Providers
	Medication / Prescription	△	○	-	Medical Bank	Healthcare Providers
	Vaccination	△	○	-	Medical Bank	Healthcare Providers
	Family History	△	●	-	Medical Bank	Citizen
	Heart Rate (Dynamic)		●			
	Family History	✓	●			
	Weight (Static)	✓	●			
	Weight (Static)	✓	●			
	Weight (Dynamic)		●			
	Height (Static)	✓	●			
	Height (Static)	✓	●			
	Height (Dynamic)		●			
	BMI (Static)	✓	●			
	BMI (Static)	✓	●			
	BMI (Dynamic)		●			
	Blood Pressure (Systolic(mmHg)) (Static)	✓	●			
	Blood Pressure (Systolic(mmHg)) (Dynamic)	✓	●			
	Blood Pressure (Diastolic(mmHg)) (Dynamic)	✓	●			
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	✓	●			
Blood Sugar Fasting & Control Rate	✓	●				
ECG (Electrocardiogram Heart Rhythm)	✓	●				

STEP 3: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Initial Assumption Only

Data needed for Step 3: ORC Visits Monitoring

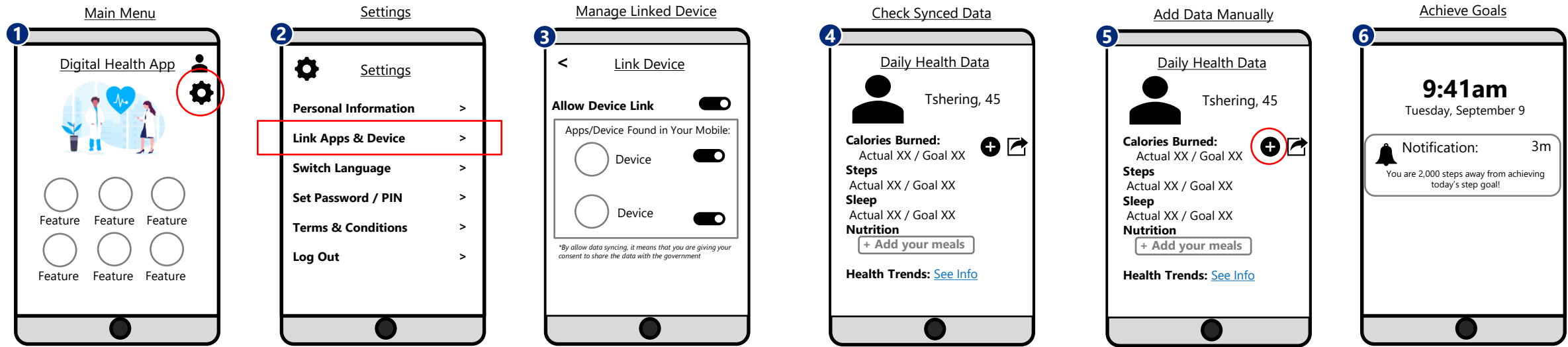
Health Assessment	Physical Activeness Assessment	△	○	-	Health Bank	Citizen
	Alcohol Assessment	△	○	-	Health Bank	Citizen
	Tobacco Assessment	△	○	-	Health Bank	Citizen
	Blood test result (LDL Cholesterol)	✓	○	●		
	Blood test result (Cholesterol = 5 mmol/L or >= 190 mg/dl (%))	✓	○	●		
	Blood test result (hemoglobin A1C -HbA1c)	✓	○	●		
	Blood test result (Blood Sugar Fasting & Control Rate)	✓	○	●		
	Blood test result (Blood Glucose rate)	✓	○	●		
	Blood test result (γ-GTP)	✓	○	●		
	Blood test result (Creatinine)	✓	○	●		
	Nutrition Assessment (Salt Intake, Vegetable Intake, Betel Use)	△	○	-	Health Bank	Citizen
	CVD Risk Assessment (Dynamic)	✓	○	-●	Health Bank	Citizen
Household Information	Education level	△	○	-	Household Bank	Citizen
	Housing Conditions (Toilet)	△	○	-	Household Bank	Citizen
	Family Number (in current residential address)	△	○	-	Household Bank	Citizen
	Distance to medical facilities	△	○	-	Household Bank	Citizen
	Household income and expenditures	△	○	-	Household Bank	Citizen
	Occupation & History	△	-	-	Household Bank	Citizen
App Information	Time needed to screen a patient (based on timestamp)	✗	-	●	App	App
	Telemedicine access rates for residents in remote areas	✗	-	-	App	App
Outcome Indicator	NCD Screening result	△	○	-	MoH NCD Screening	Government
	Data utilization for healthcare providers: Report Generating	✗	-	●	App	App

STEP 4: WEARABLE IOT HEALTH DEVICE

USER: CITIZEN

Initial Assumption Only

Wireframe



Description

- 1 User can sync data from IoT Wearables (e.g. Smartwatch) to the application through feature in Settings (Assumption: IoT Device will be managed by third-party; Health App will only sync the data. User will have to sync wearables and download third-party applications prior to syncing data)
- 2 In the settings menu, user can click on sync data from wearable to sync data.
- 3 User can add applications or device found to sync health data to the mobile application. Once user toggles on the button, the wearable device data will be synced to the app, which will also be synced to Health Bank.
- 4 User can check synced data within the application. They can also set health goals and add their daily nutrition. User can share the progress with the social community, as well as share it to social channels such as WeChat.
- 4 For users without IoT Device, they can still participate by logging the health status manually in the app.
- 5 User will receive notifications that will remind the user based on the health goals set.

Sample Data

N/A

N/A

Input Wearable Data to the App & Health Bank:

- Data within the wearable such as step count, sleep count, activity levels, etc.



Output Wearable Data Shown:

- Data within the wearable such as step count, sleep count, activity levels, etc.



Input Health Data:

- Daily health data such as step count, sleep count, activity levels, nutrition, etc.



Output Wearable Data Shown:

- Data within the wearable such as step count, sleep count, activity levels, etc.



STEP 4: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)




Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Initial Assumption Only

Data needed for Step 4: Wearable Health Device

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	✓	●	-	National Digital ID	Citizen
	Sex/Gender	✓	●	-	National Digital ID	Citizen
	Health Bank ID No, (has to be connected)	✓	○	-	Healthbank ID	Citizen
	DoB	✓	●	-	National Digital ID	Citizen
	Permanent Address	✓	○	-	Household Bank	Citizen
	Residential Address	✓	○	-	Household Bank	Citizen
Health Information	Current Disease (Diagnosis)	△	○	-	Medical Bank	Healthcare Providers
	Family History	△	○	-	Medical Bank	Citizen
	Weight (Static)	✓	●	-	Medical Bank	Healthcare Providers
	Weight (Static)		●	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Weight (Dynamic)	✓	●	-	Health Bank (from Digital Health App)	Citizen/Healthcare Providers
	Height (Static)	✓	●	-	Medical Bank	Healthcare Providers
	Height (Static)		●	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Height (Dynamic)		●	-	Health Bank (from Digital Health App)	Citizen
	BMI (Static)	✓	●	-	Medical Bank	Healthcare Providers
	BMI (Static)	✓	●	-	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	BMI (Dynamic)		●	-	Health Bank (from Digital Health App)	App
	Heart Rate (Dynamic)	△	-	●	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
ECG (Electrocardiogram Heart Rhythm)	△	-	○	Medical Bank	Healthcare Providers	
Health Assessment	Physical Activeness Assessment	△	○	-	Health Bank	Citizen
	Nutrition Assessment (Salt Intake, Vegetable Intake, Betel Use)	△	○	-	Health Bank	Citizen
	CVD Risk Assessment	△	○	-	Health Bank	Citizen
Wearable Information	Physical Activity (Calorie)	✗	-	●	Health Bank	Citizen
	Sleep Hours (Optional)	✗	-	●	Health Bank	Citizen
Outcome Indicator	NCD Screening result	△	○	-	MoH NCD Screening	Government

The following are possible device for Blood Pressure that maybe asked to be connected. The product will be bought by Accenture for the PoC. Please suggest if any one is feasible on your proposal.

Model (Clinically Validated)	OMRON Automatic Blood Pressure Monitor HEM-7120 (link)	A&D Medical electronic blood pressure monitor UM-212BLE (link)	Welch Allyn ProBP™ 2000 Digital Blood Pressure Monitor (link)
Image			
Quality	<ul style="list-style-type: none"> • Portable devices • Cuff pressure • Oscillometric/auscultation • Measurement parameter: Systolic or diastolic pressure, Heartbeat • Battery life: 300 measurement conditions • Memory 2 people x 100 times 	<ul style="list-style-type: none"> • Portable devices • Cuff pressure • Osillometric • Measurement parameter: Systolic or diastolic pressure, Heartbeat • Battery life: 300 measurements • Memory: 99 data 	<ul style="list-style-type: none"> • Portable devices • Cuff pressure • Osillometric • Measurement parameter: Systolic or diastolic pressure, Heartbeat
Price	<p>\$109.00 Additional Cuffs size: ¥3300</p>	<p>\$185 Additional Cuffs size: ¥2200-5000</p>	<p>\$153 Additional Cuffs size: ¥3000-5000</p>
Data Management	<ul style="list-style-type: none"> • OMRON connect app and OMRON connect compatible devices (https://datahealthcare.omron.co.jp/hms_b) 	<ul style="list-style-type: none"> • Bluetooth Low Energy Ver.4.1 • SDK is available for system integrator (link) 	<ul style="list-style-type: none"> • Data transfer to PC/smartphone/tablet with USB cable or Bluetooth 4.2

Devices (Wearable Device)

The following are possible wearable device to collect the Steps count, sleep hours, and physical activity calories. That maybe asked to be connected. The product will be bought by Accenture for the PoC. Please suggest if any one is feasible on your proposal.

Model	Samsung GalaxyS4 Classic (link)	Fitbit Charge 6 (link)	Amazfit Active (link)	J-Style JC 2301B Smart Health Ring (link)	Smartwatch developed by CST
Image					
Quality	<ul style="list-style-type: none"> ✓ Physical activities • Steps count • Sport and Fitness (group challenge) ✓ Sleep Score ✓ Heart Rate ✓ Others: • Blood oxygen(SpO2) • Blood Pressure • ECG • Stress Management • Food (calories), Water consumption • Battery life:10-20 days 	<ul style="list-style-type: none"> ✓ Physical activities • Steps count • Sport and Fitness ✓ Sleep Score ✓ Heart Rate ✓ Others: • Blood Oxygen(SpO2) • Stress management • Skin temperature ✓ Battery life: 7-10 days 	<ul style="list-style-type: none"> ✓ Physical activities • Steps count • Sport and Fitness ✓ Sleep Score ✓ Heart Rate ✓ Others: • Blood Oxygen(SpO2) • Stress Monitoring ✓ Battery life: 10-30 days. Continuous GPS Usage 16 hours 	<ul style="list-style-type: none"> ✓ Physical activities • Steps count • All day activities ✓ Sleep Score ✓ Heart Rate ✓ Others: • Oxygen (SpO2). • Calories • Non-invasive Blood glucose • Skin Temperature • HRV Stress • Battery life: 7-10 days 	<ul style="list-style-type: none"> ✓ Physical activities • Steps count ✓ Sleep Pattern detection ✓ Heart Rate ✓ Others: • Multiple watch faces. • Calorie count. Battery life: 24 hours
Price	Original price: 458\$ Discounted Price: 121\$ (Feb 2024)	Original Price: 159\$	Original price: 241\$ Discounted Price: 157\$ (Feb 2024)	Original price: \$185	-
Data Integration	<ul style="list-style-type: none"> • Android SDK support. Health Connect API. Or API works on both Wear OS and Android OS 	<ul style="list-style-type: none"> • Android SDK support. Health Connect API. Or API works on both Wear OS and Android OS 	<ul style="list-style-type: none"> • Android SDK support. Health Connect API. Or API works on both Wear OS and Android OS 	<ul style="list-style-type: none"> • JC Ring App – Cloud-based Service - API work for OS and Android but only for original app 	<ul style="list-style-type: none"> • Data Transfer to App for logging and analysis

STEP 5: SUPPORT FROM ONLINE COMMUNITIES

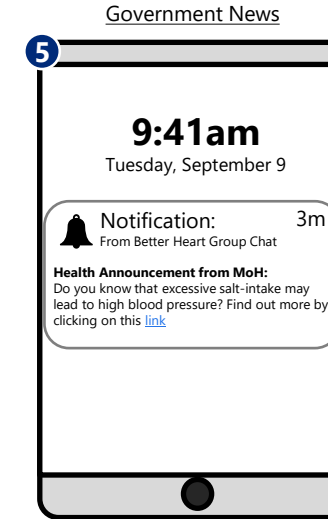
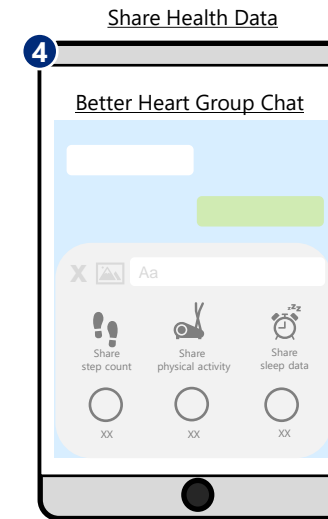
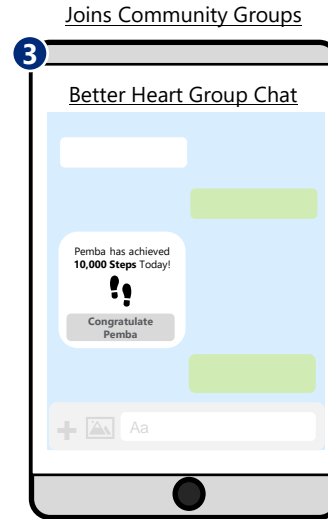
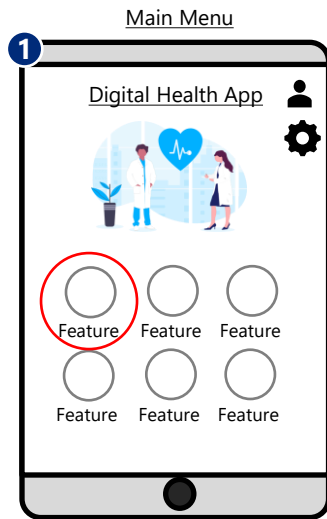
USER: CITIZEN

Initial Assumption Only

Wireframe

Description

Sample Data



1 Within the main menu, user can select a feature where they can interact with other online community members within the mobile application

2 For anonymity, user can create their own user profile, and select health goals that they want to achieve. They will also be recommended the goals based on their health data and health risk.

3 After choosing health goals, user will be recommended / related groups, and chat with people who have the same health goals anonymously

4 User can click to share health data and progress within the group chat, which allows community to gain recognition and motivation

5 Government can also share health-related news within the community group chat

N/A

Input Profile Name
- Name of user (anonymous)

Input Health Goals Attributes:
- Health Goals (Select from health goal list)

Data from Application's Database

Output Wearable Data Shown:
- Data within the wearable such as step count, sleep count, activity levels, etc.



Output Wearable Data Shown:
- Data within the wearable such as step count, sleep count, activity levels, etc.



N/A

STEP 5: DATA POINTS

Data needed for Step 5: Online Community

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✖ No

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	✓	○	-	National Digital ID	Citizen
	Sex/Gender	✓	○	-	National Digital ID	Citizen
	Health Bank ID No, (has to be connected)	✓	●	-	Healthbank ID	Citizen
	DoB	✓	○	-	National Digital ID	Citizen
Health Information	Current Disease (Diagnosis)	△	○	-	Medical Bank	Healthcare Providers
	Medication / Prescription	△	○	-	Medical Bank	Healthcare Providers
	Family History	△	○	-	Medical Bank	Citizen
	Weight (BMI)	△	○	-	Health Bank	Citizen
	Blood Pressure	△	○	-	Health Bank	Healthcare Providers
	Heart Rate (Dynamic)	△	○	-	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	△	○	●	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	△	○	-	Health Bank	Healthcare Providers
Health Assessment	ECG (Electrocardiogram Heart Rhythm)	△	○	-	Medical Bank	Healthcare Providers
	Physical Activeness Assessment	△	○	-	Health Bank	Citizen
	Physical activity (Calorie)	-	●	-	Health Bank (from Wearable device)	Citizen
	Sleeping hours (Option)	-	●	-	Health Bank (from Wearable device)	Citizen
	Physical activity self-assessment (Physical Activeness Assessment)	-	●	-	Health Bank (from push notice QA of Digital Health App)	Citizen
	Alcohol self-assessment (Alcohol Assessment)	-	●	-	Health Bank (from push notice QA of Digital Health App)	Citizen
	Cigarettes self-assessment (Tobacco)	--	●	-	Health Bank (from push notice QA of Digital Health App)	Citizen
	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Assessment) (Doma)	-	●	-	Health Bank (from push notice QA of Digital Health App)	Citizen
Wearable Information	CVD Risk Assessment	△	○	-	Health Bank	Citizen
	Step Count / Physical Activity	✖	○	●	Health Bank	Citizen
	Sleeping hours	✖	○	●	Health Bank	Citizen

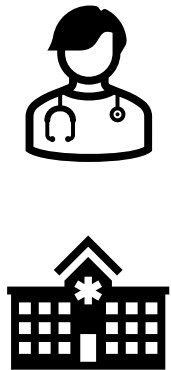
STEP 6: CONVENIENCE OF HOSPITAL VISITS

USER: HEALTHCARE STAFF IN HOSPITAL

Initial Assumption Only

Wireframe

1 Physical Touchpoint



2 Patient Finder

Input Patient Info

Patient ID	Name	Phone Number	National ID No.
1	XX	XX	XX
2	XX	XX	XX
3	XX	XX	XX
4	XX	XX	XX
5	XX	XX	XX
6	XX	XX	XX

Add new patient

3 Patient Health Records

Tshering, 45

Basic Information:
Sex, DoB, Phone, Address

Health Information
Height, Age, Weight, Blood Type, etc

Risk: [See Info](#)

Vitals
- Date XX/XX/XXXX: [See Info](#)
- Date XX/XX/XXXX: [See Info](#)
- Date XX/XX/XXXX: [See Info](#)

Synced Wearable Data: [See Info](#)

Manage Patient

4 Behavior & Lifestyle Records

Tshering, 45

Health Profile Records:

- [Lifestyle Assessment](#)
- [Risk Assessment](#)

Manage Patient

5 Family and Household History Records

Tshering, 45

Household Information

- [Occupation](#)
- [Address](#)
- [Distance to Medical Facility](#)
- XX
- XX
- XX

6 Data Links to App

< Tshering's Medical Record

- Your Appointment >
- Treatment History >
- Referral History >
- Health Check-up History >
- Vaccination History >
- My Prescription >

Description

1 Patients make a visit to the hospital based on their health issues.

2 When patients visit hospital for diagnosis, user (health care staff) can gain extensive data by searching patient data in the database. User enters one of the patient attributes to find the patient info within the database.

3 User clicks on the patient info. The patient's health data retrieved from the Health Bank will be shown. User can check patient health data as a supplementary data for diagnosis along with information in ePIS.

4 User can also use data such as behavior and lifestyle (e.g. tobacco, alcohol, diet) both input by IoT device and manually by patient, to see whether the patient's lifestyle correlates with the illness / NCD risk they might have

5 User can also dig down further to see family and household history records that was input during previous NCD screenings, government initiatives, or manually input by patient. This is to assess their background as well as proximity to high-risk environment / areas.

6 After user updates diagnosis within ePIS, ePIS data will also be reflected on user's profile within the mobile application in real-time (No data flowing back to ePIS). Here, both citizens and health workers can also see summarized treatment information (Not the actual medical record)

Sample Data

Input Patient Attributes:

- Patient Name
- National ID No.
- Phone Number
- Address

Data from Application's Database

Output Health Data:

- Patient's Health Data

Health Bank

Output Health Data:

- Patient's Health Data
- Lifestyle, Risk survey assessment conducted by patient

Health Bank

Output Health Data:

- Patient's Health Data
- Household Bank data

Health Bank

Household Bank

Output Health Data:

- Patient's Health Data

Output Medical Data:

- Patient's Medical Records Data

Health Bank

Medical Bank (ePIS)

STEP 6: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Initial Assumption Only

Data needed for Step 6: Treatment at hospital visits or telemedicine

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	✓	●	●	National Digital ID	Citizen
	Citizen ID No.(for reference check)	✓	●	●	National Digital ID	Citizen
	Health Bank ID No, (has to be connected)	✓	●	●	Healthbank ID	Citizen
	Sex/Gender	✓	●	●	National Digital ID	Citizen
	DoB	✓	●	●	National Digital ID	Citizen
	Permanent Address	✓	●	●	Household Bank	Citizen
	Daily Active Users			●		
	Residential Address	✓	●	●	Household Bank	Citizen
Health Information	Mobile Phone Number	✓	●	●	Household Bank	Citizen
	Current Disease (Diagnosis)	△	●	●	Medical Bank	Healthcare Providers
	Medication / Prescription	△	●	●	Medical Bank	Healthcare Providers
	Allergy	△	○	○	Medical Bank	Healthcare Providers
	Vaccination	△	○	○	Medical Bank	Healthcare Providers
	Lab Tests	△	○	○	Medical Bank	Healthcare Providers
	Family History	△	●	●	Medical Bank	Citizen
	Weight (Static)	✓	●	●	Medical Bank	Healthcare Providers
	Weight (Static)	✓	●	●	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Weight (Dynamic)		●	●	Health Bank (from Digital Health App)	Citizen/Healthcare Providers
	Height (Static)	✓	●	●	Medical Bank	Healthcare Providers
	Height (Static)	✓	●	●	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Height (Dynamic)		●	●	Health Bank (from Digital Health App)	Citizen
	BMI (Static)	✓	●	●	Medical Bank	Healthcare Providers
	BMI (Static)	✓	●	●	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	BMI (Dynamic)		●	●	Health Bank (from Digital Health App)	App
	Blood Pressure (Systolic(mmHg)) (Static)	✓	●	●	Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Blood Pressure (Systolic(mmHg)) (Dynamic)		●	●	Health Bank (from BP monitor via Digital Health App)	Healthcare Providers
	Blood Pressure (Diastolic(mmHg)) (Dynamic)		●	●	Health Bank (from BP monitor via Digital Health App)	Healthcare Providers
	Heart Rate	△	○	○	Health Bank	Healthcare Providers
Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	△	○	○	Health Bank	Healthcare Providers	
Blood Sugar Fasting & Control Rate	△	○	○	Health Bank	Healthcare Providers	
ECG (Electrocardiogram Heart Rhythm)	△	○	○	Medical Bank	Healthcare Providers	

STEP 6: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Initial Assumption Only

Data needed for Step 6: Treatment at hospital visits or telemedicine

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Health Assessment	Physical Activeness Assessment	△	●	○	Health Bank	Citizen
	Alcohol self-assessment (Alcohol Assessment)	△	●	○	Health Bank	Citizen
	Cigarettes self-assessment (Tobacco)	△	●	○	Health Bank	Citizen
	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Assessment) (Doma)	△	○	○	Health Bank	Citizen
	CVD Risk Assessment	△	○	○	Health Bank	Citizen
	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Assessment) (Salt)		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen
	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Assessment) (Vegetable)		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-1: Health Barriers)		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-2: Community Vitality)		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-3: Psychological Wellbeing)		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-4: Healthy Days)		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-5: Health Assessment)		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen

STEP 6: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Initial Assumption Only

Data needed for Step 6: Treatment at hospital visits or telemedicine

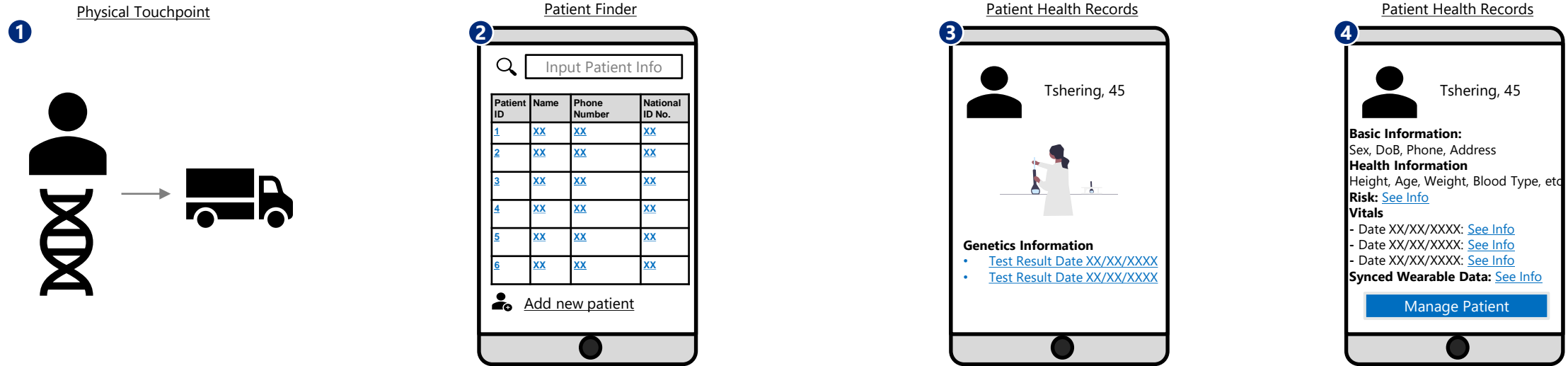
Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Health Assessment	Static Household Data ((GNH-1: Health Barriers))		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen
	Static Household Data (GNH-2: Community Vitality)		●	○	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-3: Psychological Wellbeing)		●	○	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-4: Healthy Days)		●	○	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-5 Health Assessment)		●	○	Household Bank (GNH survey)	Healthcare Providers
	Housing Conditions		●	○	Household Bank (GNH survey)	Healthcare Providers
	Living environment		●	○	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Family Number		●	○	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Distance to medical facilities		●	○		
	Household income and expenditures		●	○	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
Stress level		●	○	Health Bank (from push notice QA of Digital Health App)	Citizen	
Wearable Information	Step Count / Physical Activity	✗	○	○	Health Bank	Citizen
	Sleep Count	✗	○	○	Health Bank	Citizen
App Information	Time needed to screen a patient (based on timestamp)	✗	-	●	App	App
	Telemedicine access rates for residents in remote areas	✗	-	-	App	App
Outcome Indicator	NCD Screening result	△	●	●	MoH NCD Screening	Government
	Data utilization for healthcare providers: Report Generating	✗	-	●	App	App

STEP 7: DNA TO BIOBANK

USER: HEALTHCARE STAFF IN HOSPITAL

Initial Assumption Only

Wireframe



Description

1 In cases where patient's condition persists, their DNA samples can be sent to RCDC for further diagnosis.

2 In cases where patient's data will have to be sent to BioBank for further diagnosis, the data will also be updated to the health application. User enters one of the patient attributes to find the patient info within the database.

3 User clicks on the patient info. The patient's genetic-related data is retrieved from BioBank to be displayed here.

4 User can check genetic-related data, along with other health data and risk assessments to give personalized treatment that is targeted towards the patient.

Sample Data

Input Patient Attributes:

- Patient Name
- National ID No.
- Phone Number
- Address

Data from Application's Database

Output Health Data:

- Patient's Bio Bank Data



STEP 7: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Data needed for Step 7: DNA for Personalized BioBank

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	✓	●	-	National Digital ID	Citizen
	Citizen ID No.	✓	●	-	National Digital ID	Citizen
	Health Bank ID No, (has to be connected)	✓	●	-	Healthbank ID	Citizen
	UHID	✓	●	-		
	Sex/Gender	✓	●	-	National Digital ID	Citizen
	Mobile Phone Number	✓	●	-		
	DoB	✓	●	-	National Digital ID	Citizen
Health Information	Current Disease (Diagnosis)	△	●	-	Medical Bank	Healthcare Providers
	Consent Management		●	-	DHP	Citizen
	Medication / Prescription	△	●	-	Medical Bank	Healthcare Providers
	Allergy	△	○	-	Medical Bank	Healthcare Providers
	Vaccination	△	○	-	Medical Bank	Healthcare Providers
	Lab Tests	△	○	-	Medical Bank	Healthcare Providers
	Family History	△	●	●	Medical Bank	Citizen
	Weight (Static)	✓	●		Medical Bank	Healthcare Providers
	Weight (Static)	✓	●		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Weight (Dynamic)		●		Health Bank (from Digital Health App)	Citizen/Healthcare Providers
	Height (Static)	✓	●		Medical Bank	Healthcare Providers
	Height (Static)	✓	●		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Height (Dynamic)		●		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	BMI (Static)	✓	●		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	BMI (Static)	✓	●		Health Bank (from Digital Health App)	App
BMI (Dynamic)		●				

STEP 7: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Data needed for Step 7: DNA for Personalized BioBank

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who	
Health Information	Blood Pressure (Systolic(mmHg)) (Static)	✓	●		Medical Bank	Healthcare Providers	
	Blood Pressure (Systolic(mmHg)) (Dynamic)		●	●	Health Bank (from BP monitor via Digital Health App)	Healthcare Providers	
	Blood Pressure (Systolic(mmHg))(Static)	✓	●		Medical Bank	Healthcare Providers	
	Blood Pressure (Diastolic(mmHg)) (Dynamic)		●	●	Health Bank (from BP monitor via Digital Health App)	Healthcare Providers	
	Blood Pressure (Diastolic(mmHg))(Static)	✓	●		Medical Bank	Healthcare Providers	
	Blood test result (LDL Cholesterol)		●				
	Blood test result (Cholesterol = 5 mmol/L or >= 190 mg/dl (%))			●		Household Bank (Annual Health Survey, MoH)	Healthcare Providers
	Blood test result (hemoglobin A1C -HbA1c)			●		Medical Bank	Healthcare Providers
	Blood test result (Blood Sugar Fasting & Control Rate)			●		Medical Bank	Healthcare Providers
	Blood test result (Blood Glucose rate)			●		Medical Bank	Healthcare Providers
	Blood test result (γ-GTP)			●		Medical Bank	Healthcare Providers
	Blood test result (Creatinine)			●		Medical Bank	Healthcare Providers
	Heart Rate	△		○	-	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	△		○	-	Health Bank	Healthcare Providers
Blood Sugar Fasting & Control Rate	△		○	-	Health Bank	Healthcare Providers	
ECG (Electrocardiogram Heart Rhythm)	△		○	-	Medical Bank	Healthcare Providers	
Health Assessment	Physical Activeness Assessment	△	○	-	Health Bank	Citizen	
	Alcohol Assessment	△	○	-	Health Bank	Citizen	
	Tobacco Assessment	△	○	-	Health Bank	Citizen	
	Nutrition Assessment (Salt Intake, Vegetable Intake, Betel Use)	△	○	●	Health Bank	Citizen	
	CVD Risk Assessment	△	○	-	Health Bank	Citizen	
	Living Environment			●	●	Modify: Health Bank (Survey for Household bank)	Citizen
Wearable Information	Stress Level		●	●	Health Bank (from push notice QA of Digital Health App)	Citizen	
	Step Count / Physical Activity	✗	○	-	Health Bank	Citizen	
	Sleep Count	✗	○	-	Health Bank	Citizen	
Genetics	DNA	✗	●	-	BioBank	Citizen	
	Saliva	✗	●	-	BioBank	Citizen	
	Genetics Result	✗	-	●	BioBank	Healthcare Providers	
Outcome Indicator	NCD Screening result	△	●	-	MoH NCD Screening	Government	

STEP 8: TELEMEDICINE FOLLOW UP

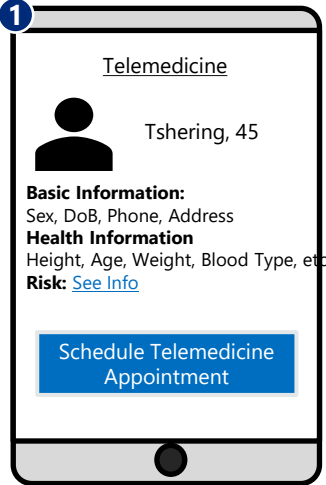
Out of scope for this PoC

USER: CITIZEN

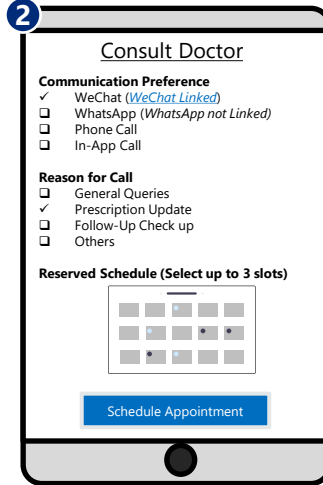
Initial Assumption Only

Wireframe

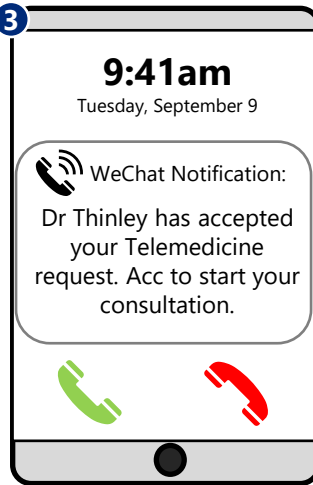
1 Schedule Telemedicine Appointment



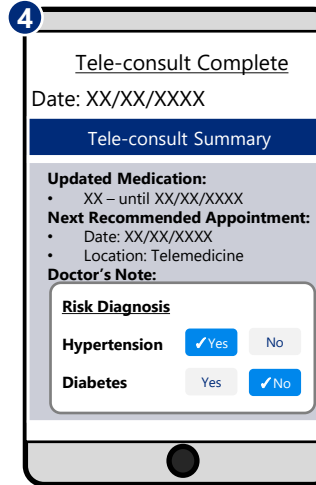
2 Input Telemedicine Data



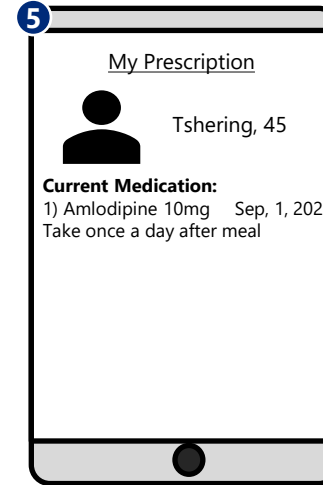
3 Tele-consultation with Doctor



4 Receive Diagnosis & Prescription



5 Updated Prescription



6 Physical Touchpoint



Description

1 Within the telemedicine feature, user can contact hospitals directly and vice versa for non-emergency consultations. User can schedule an appointment with doctor.

2 User can schedule a call by inputting the information. The availability of the doctor is calculated based on location proximity, and user's treatment history. User can also select communication preference with the Social Media Account that is linked to the device.

3 The request information will be sent to the doctor. Notification will be sent to the user once the doctor accept the tele-consult appointment. Once appointment is accepted, user can consult with the doctor on the scheduled date.

4 After completing the telemedicine consultation, user receives diagnosis from the doctor. Doctor can recommend user to come in for further extensive health checks. Or if it is a follow-up case, doctor can update the prescribed medicine to the user that they can receive at the nearest PHC.

5 Within "My Prescription", user can check the prescribed medicine and can go to the local PHC to obtain the medication.

6 User can show Prescription to the local PHC to receive the medicine from HAs

Sample Data

N/A

- Output Consultation Attributes**
- Doctor's availability based on schedule
- Input Consultation Attributes**
- Communication Preference
 - Reason for Tele-Consultation
 - Reservation Schedule

Data from Application's Database

N/A

- Output Teleconsultation Outcomes (Based on Doctor's Inputs)**
- Updated medication
 - Recommended Appointment
 - Risk Diagnosis
 - Doctor's Notes
 - Etc.

Health Bank

- Output Prescription Info:**
- Based on data updated within health bank

Health Bank

STEP 8: DATA POINTS

Out of scope for this PoC

Data needed for Step 8: Telemedicine Follow Up

Initial Assumption Only

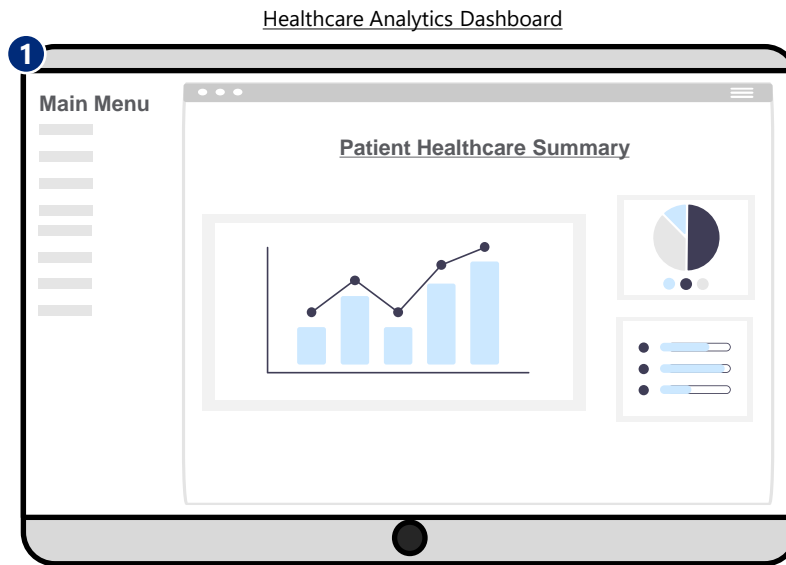
Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Full Name	✓	●	●	National Digital ID	Citizen
	Citizen ID No.	✓	●	●	National Digital ID	Citizen
	Sex/Gender	✓	●	●	National Digital ID	Citizen
	Health Bank ID No, (has to be connected)	✓	●	-	Healthbank ID	Citizen
	DoB	✓	●	●	National Digital ID	Citizen
	Permanent Address	✓	●	●	Household Bank	Citizen
	Residential Address	✓	●	●	Household Bank	Citizen
Health Information	Current Disease (Diagnosis)	△	●	●	Medical Bank	Healthcare Providers
	Medication / Prescription	△	●	●	Medical Bank	Healthcare Providers
	Allergy	△	○	○	Medical Bank	Healthcare Providers
	Vaccination	△	○	○	Medical Bank	Healthcare Providers
	Lab Tests	△	○	○	Medical Bank	Healthcare Providers
	Family History	△	●	●	Medical Bank	Citizen
	Weight (BMI)	△	●	●	Health Bank	Citizen
	Blood Pressure	△	●	●	Health Bank	Healthcare Providers
	Heart Rate	△	○	○	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	△	○	○	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	△	○	○	Health Bank	Healthcare Providers
	ECG (Electrocardiogram Heart Rhythm)	△	○	○	Medical Bank	Healthcare Providers
Health Assessment	Physical Activeness Assessment	△	○	○	Health Bank	Citizen
	Alcohol Assessment	△	○	○	Health Bank	Citizen
	Tobacco Assessment	△	○	○	Health Bank	Citizen
	Nutrition Assessment (Salt Intake, Vegetable Intake, Betel Use)	△	○	○	Health Bank	Citizen
	CVD Risk Assessment	△	○	○	Health Bank	Citizen
Wearable Information	Step Count / Physical Activity	✘	○	○	Health Bank	Citizen
	Sleep Count	✘	○	○	Health Bank	Citizen
Genetics	DNA	✘	○	○	BioBank	Citizen
	Saliva	✘	○	○	BioBank	Citizen
	Genetics Result	✘	○	○	BioBank	Healthcare Providers
App Information	Time needed to screen a patient (based on timestamp)	✘	-	●	App	App
Outcome Indicator	NCD Screening result	△	●	●	MoH NCD Screening	Government
	Data utilization for healthcare providers: Report Generating	✘	-	●	App	App

Legend:

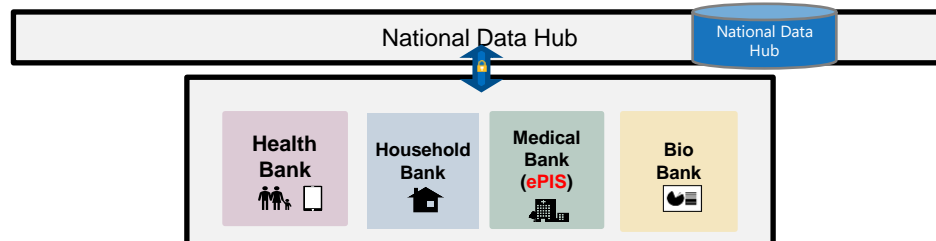
- Compulsory (Primary)
- Optional (Secondary)

Data Availability:

- ✓ Yes
- △ Partial
- ✘ No



1 Data from all sources (Health Bank, Medical Bank, Household Bank, BioBank) will be consolidated into the National Data Hub which is a centralized data stored for government to analyze health trends. Through use of **enterprise data platform**, users can manage data, analyze, and share across different departments.



1. Healthcare Policy Development

- Developing a model for rational consumption of treatment options based on income
- Appropriately allocating budgets for various diseases, ensuring funds are directed towards disease with highest prevalence and impact on public health
- Properly allocating budgets for hospital infrastructure
- Formulating new healthcare integration policies across departments to improve coordination and delivery of healthcare
- Developing new policies to regulate and widespread use of traditional medicine to ensure safe and effective use that meets health needs of the citizen

2. Medical Research and Evaluation

- Allocate Conducting research on targeted medicine development and effectiveness evaluation.
- Studying the impact of self-monitoring and lifestyle changes on health outcomes.

3. Public Health Data Analysis & Intervention Planning

- Be able to analyze out of total, how many is treated (medicated) and how many is known as NCD, hypertension but not treated
- Analyzing NCD patterns to identify high-risk groups and sources of outbreaks, developing targeted prevention strategies
- Identifying disparities in health outcomes among different populations (e.g. by income, or geography) developing interventions to address those disparities
- Tracking vaccination rates to identify low coverage areas and implementing targeted outreach efforts to improve coverage
- Analyzing data on lifestyle behaviors such as tobacco, diet, and physical activity to identify effective behavior change programs
- Using predictive analytics to forecast health trends and identify areas where intervention is likely to be most effective

STEP 9: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Data needed for Step 9: Collected Data for EBPM

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Sex/Gender	✓	-	●	National Digital ID	Citizen
	DoB	✓	-	●	National Digital ID	Citizen
	Address (Region Only; Deidentified)	✓	-	●	National Digital ID	Citizen
Health Information	Current Disease (Diagnosis)	△	-	●	Medical Bank	Healthcare Providers
	Medication / Prescription	△	-	●	Medical Bank	Healthcare Providers
	Allergy	△	-	●	Medical Bank	Healthcare Providers
	Vaccination	△	-	●	Medical Bank	Healthcare Providers
	Lab Tests	△	-	●	Medical Bank	Healthcare Providers
	Family History	✓	-	●	Medical Bank	Citizen
	BMI (Static)	✓				
	BMI (Static)	✓				
	BMI (Dynamic)					
	Blood Pressure (Systolic(mmHg)) (Static)	✓				
	Blood Pressure (Systolic(mmHg)) (Dynamic)					
	Blood Pressure	△	-	●	Health Bank	Healthcare Providers
	Heart Rate	△	-	●	Health Bank	Healthcare Providers
	Cholesterol = 5 mmol/L or >= 190 mg/dl (%)	△	-	●	Health Bank	Healthcare Providers
	Blood Sugar Fasting & Control Rate	△	-	●	Health Bank	Healthcare Providers
ECG (Electrocardiogram Heart Rhythm)	△	-	●	Medical Bank	Healthcare Providers	
Health Assessment	Physical Activeness Assessment	△	-	●	Health Bank	Citizen
	Alcohol Assessment	△	-	●	Health Bank	Citizen
	Cigarettes self-assessment (Tobacco)					
	Nutritional self-assessment (salt intake, vegetable intake, and Doma Pani consumption) (Nutrition Assessment) (Doma)					
	CVD Risk Level (Dynamic)	△	-	●	Health Bank	Citizen
CVD Risk Level (Static)						
Wearable Information	Step Count / Physical Activity	△	-	●	Health Bank	Citizen
	Sleep Count	✗	-	●	Health Bank	Citizen
Genetics	DNA	✗	-	●	BioBank	Citizen
	Saliva	✗	-	●	BioBank	Citizen
	Genetics Result	✗	-	●	BioBank	Healthcare Providers

STEP 9: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No



Data needed for Step 9: Collected Data for EBPM

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
Personal Information	Sex/Gender	✓	-	●	National Digital ID	Citizen
	Dynamic Household Bank assessment (GNH-1: Health Barriers)		-	●	Health Bank (from push notice QA of Digital Health App)	Citizen
Household Information	Dynamic Household Bank assessment (GNH-2: Community Vitality)		-	●	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-3: Psychological Wellbeing)		-	●	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-4: Healthy Days)		-	●	Health Bank (from push notice QA of Digital Health App)	Citizen
	Dynamic Household Bank assessment (GNH-5: Health Assessment)		-	●	Health Bank (from push notice QA of Digital Health App)	Citizen
	Static Household Data ((GNH-1: Health Barriers))		-	●	Health Bank (from push notice QA of Digital Health App)	Citizen
	Static Household Data (GNH-2: Community Vitality)		-	●	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-3: Psychological Wellbeing)		-	●	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-4: Healthy Days)		-	●	Household Bank (GNH survey)	Healthcare Providers
	Static Household Data (GNH-5 Health Assessment)		-	●	Household Bank (GNH survey)	Healthcare Providers
	Housing Conditions		-	●	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Living environment		-	●	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Family Number		✓	-	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Distance to medical facilities		-	●	Household Bank (Living Standard Survey)	Citizen
	Household income and expenditures		-	●	Original: Household bank Modify: Health Bank (Survey for Household bank)	Citizen
	Stress level		-	●	Health Bank (from push notice QA of Digital Health App)	Citizen

STEP 9: DATA POINTS

Legend:
 ● Compulsory (Primary)
 ○ Optional (Secondary)

Data Availability:
 ✓ Yes
 △ Partial
 ✗ No

Data needed for Step 9: Collected Data for EBPM

Initial Assumption Only

Data Category	Data Points	Availability	Data input	Data output	Data Source	From Who
App Information	App Registration Number	△	-	●	App	App
	Time needed to screen a patient (based on timestamp)	△	-	●	App	App
	Telemedicine access rates for residents in remote areas	△	-	●	App	App
Outcome Indicator	NCD Screening result	△	-	●	MoH NCD Screening	Government
	Rate of change in GNH "Community Vitality"	✓	-	●	GNH Survey	Government
	Rate of juvenile deaths from NCD illness	✓	-	●	NSB	Government
	Rate of death from cardiovascular disease	✓	-	●	NSB	Government
	Disability-adjusted life year (DALYs)	✓	-	●	NSB	Government
	Data utilization for Government: Secondary research / EBPM	✗	-	●	National Data Hub	Government
	Data utilization for healthcare providers: Report Generating	✗	-	●	App	App